US HARBORS www.USHarbors.com

Albany, NY - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:40	5.2	6:37	4.7	12:45	0.0	1:27	-0.5	5:47	8:15	
2	Fri	6:14	5.2	7:10	4.9	1:29	0.0	2:04	-0.5	5:48	8:14	
3	Sat	6:56	5.1	7:47	5.0	2:16	0.0	2:43	-0.5	5:49	8:13	
4	Sun	7:45	4.9	8:31	5.2	3:07	0.1	3:23	-0.4	5:50	8:11	
5	Mon	8:40	4.7	9:23	5.2	4:04	0.2	4:09	-0.3	5:51	8:10	
6	Tue	9:46	4.4	10:25	5.2	5:06	0.3	5:04	-0.2	5:52	8:09	
7	Wed	11:05	4.2	11:34	5.1	6:13	0.3	6:08	0.0	5:53	8:08	
8	Thu			12:20	4.1	7:18	0.2	7:15	0.0	5:54	8:06	
9	Fri	12:45	5.1	1:28	4.1	8:21	0.0	8:20	-0.1	5:55	8:05	
10	Sat	1:50	5.2	2:29	4.3	9:20	-0.3	9:21	-0.3	5:56	8:04	
11	Sun	2:49	5.3	3:25	4.5	10:15	-0.5	10:18	-0.4	5:57	8:02	
12	Mon	3:43	5.4	4:17	4.7	11:06	-0.8	11:12	-0.6	5:58	8:01	
13	Tue	4:33	5.4	5:07	4.8	11:54	-0.9			5:59	7:59	
14	Wed	5:21	5.4	5:55	4.9	12:02	-0.6	12:39	-0.9	6:00	7:58	
15	Thu	6:08	5.2	6:43	4.9	12:51	-0.5	1:22	-0.8	6:01	7:56	
16	Fri	6:57	5.0	7:31	4.9	1:40	-0.3	2:03	-0.6	6:03	7:55	
17	Sat	7:46	4.8	8:20	4.8	2:27	-0.1	2:44	-0.4	6:04	7:53	
18	Sun	8:37	4.6	9:08	4.8	3:16	0.1	3:23	-0.2	6:05	7:52	
19	Mon	9:30	4.4	9:56	4.7	4:07	0.3	4:02	0.0	6:06	7:50	
20	Tue	10:24	4.2	10:46	4.7	4:59	0.4	4:43	0.2	6:07	7:49	
21	Wed	11:20	4.0	11:39	4.6	5:54	0.5	5:29	0.4	6:08	7:47	
22	Thu			12:17	3.9	6:51	0.4	6:23	0.5	6:09	7:46	
23	Fri	12:33	4.6	1:13	3.9	7:46	0.3	7:22	0.5	6:10	7:44	
24	Sat	1:27	4.7	2:07	4.0	8:39	0.2	8:19	0.4	6:11	7:42	
25	Sun	2:18	4.8	2:56	4.1	9:28	0.0	9:14	0.3	6:12	7:41	
26	Mon	3:03	4.9	3:40	4.3	10:14	-0.2	10:06	0.1	6:13	7:39	
27	Tue	3:44	5.0	4:21	4.5	10:57	-0.4	10:55	-0.1	6:14	7:38	
28	Wed	4:20	5.1	4:57	4.7	11:38	-0.5	11:42	-0.2	6:15	7:36	
29	Thu	4:53	5.1	5:31	4.9			12:18	-0.6	6:16	7:34	
30	Fri	5:25	5.1	6:03	5.1	12:29	-0.2	12:57	-0.6	6:18	7:33	
31	Sat	6:02	5.0	6:37	5.2	1:16	-0.2	1:36	-0.5	6:19	7:31	