US HARBORS www.USHarbors.com

Albany, NY - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:27	5.5	2:06	4.3	9:06	0.6	8:58	0.4	5:20	8:36	
2	Wed	2:22	5.7	3:04	4.5	10:04	0.2	9:57	0.3	5:21	8:36	
3	Thu	3:15	5.9	3:58	4.6	10:58	-0.1	10:53	0.1	5:22	8:36	
4	Fri	4:05	6.0	4:50	4.7	11:49	-0.3	11:48	0.0	5:22	8:36	
5	Sat	4:56	6.0	5:42	4.8			12:39	-0.5	5:23	8:35	
6	Sun	5:49	5.9	6:36	4.9	12:41	-0.1	1:28	-0.6	5:23	8:35	
7	Mon	6:44	5.8	7:32	5.0	1:33	-0.2	2:16	-0.6	5:24	8:35	
8	Tue	7:43	5.6	8:30	5.1	2:27	-0.1	3:04	-0.6	5:25	8:34	
9	Wed	8:42	5.4	9:26	5.2	3:21	-0.1	3:53	-0.6	5:26	8:34	
10	Thu	9:41	5.2	10:22	5.3	4:18	0.0	4:43	-0.4	5:26	8:34	
11	Fri	10:39	5.0	11:17	5.3	5:16	0.1	5:33	-0.3	5:27	8:33	
12	Sat	11:36	4.8			6:15	0.1	6:25	-0.2	5:28	8:33	
13	Sun	12:12	5.4	12:34	4.7	7:13	0.1	7:17	-0.1	5:29	8:32	
14	Mon	1:06	5.4	1:30	4.6	8:10	0.0	8:08	0.0	5:29	8:31	
15	Tue	1:58	5.4	2:23	4.6	9:04	-0.1	8:58	0.1	5:30	8:31	
16	Wed	2:46	5.5	3:14	4.6	9:55	-0.3	9:46	0.1	5:31	8:30	
17	Thu	3:31	5.5	4:01	4.7	10:42	-0.4	10:31	0.1	5:32	8:29	
18	Fri	4:12	5.4	4:45	4.7	11:25	-0.4	11:14	0.2	5:33	8:29	
19	Sat	4:50	5.4	5:27	4.6			12:06	-0.4	5:34	8:28	
20	Sun	5:24	5.3	6:07	4.6			12:45	-0.4	5:35	8:27	
21	Mon	5:53	5.2	6:45	4.6	12:34	0.2	1:21	-0.3	5:36	8:26	
22	Tue	6:12	5.1	7:20	4.6	1:13	0.3	1:56	-0.3	5:36	8:26	
23	Wed	6:37	5.1	7:49	4.7	1:52	0.3	2:29	-0.2	5:37	8:25	
24	Thu	7:15	5.0	8:14	4.9	2:35	0.4	3:01	-0.2	5:38	8:24	
25	Fri	8:00	4.8	8:49	5.0	3:22	0.5	3:35	-0.1	5:39	8:23	
26	Sat	8:50	4.6	9:35	5.1	4:18	0.6	4:15	-0.1	5:40	8:22	
27	Sun	9:47	4.3	10:30	5.1	5:25	0.6	5:07	0.1	5:41	8:21	
28	Mon	11:00	4.1	11:38	5.1	6:34	0.6	6:15	0.2	5:42	8:20	
29	Tue			12:33	3.9	7:41	0.5	7:29	0.2	5:43	8:19	
30	Wed	12:54	5.1	1:45	4.0	8:44	0.2	8:37	0.1	5:44	8:18	
31	Thu	2:01	5.3	2:46	4.2	9:42	-0.1	9:39	-0.1	5:45	8:16	