

































## Albany, NY - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:10	4.4	9:53	4.7	3:44	0.6	3:57	0.0	5:47	8:15	
2	Tue	10:00	4.1	10:37	4.7	4:34	0.7	4:32	0.2	5:48	8:14	
3	Wed	10:56	3.9	11:25	4.7	5:31	0.7	5:15	0.3	5:49	8:12	
4	Thu	11:56	3.8			6:32	0.7	6:11	0.4	5:50	8:11	
5	Fri	12:16	4.7	12:56	3.7	7:33	0.6	7:14	0.4	5:51	8:10	
6	Sat	1:10	4.8	1:53	3.8	8:31	0.4	8:17	0.3	5:52	8:09	
7	Sun	2:02	4.9	2:44	3.9	9:26	0.1	9:16	0.2	5:53	8:07	
8	Mon	2:49	5.1	3:31	4.1	10:17	-0.2	10:12	0.0	5:54	8:06	
9	Tue	3:34	5.3	4:15	4.3	11:05	-0.4	11:04	-0.2	5:55	8:05	
10	Wed	4:16	5.4	4:57	4.5	11:51	-0.6	11:55	-0.4	5:56	8:03	
11	Thu	4:59	5.5	5:40	4.7			12:36	-0.8	5:57	8:02	
12	Fri	5:45	5.5	6:25	4.9	12:46	-0.5	1:21	-0.9	5:59	8:00	
13	Sat	6:35	5.4	7:15	5.0	1:37	-0.5	2:06	-0.9	6:00	7:59	
14	Sun	7:31	5.2	8:08	5.1	2:29	-0.5	2:52	-0.8	6:01	7:58	
15	Mon	8:31	5.1	9:05	5.1	3:24	-0.4	3:41	-0.8	6:02	7:56	
16	Tue	9:33	4.9	10:04	5.2	4:22	-0.3	4:33	-0.6	6:03	7:55	
17	Wed	10:35	4.7	11:05	5.1	5:22	-0.3	5:29	-0.5	6:04	7:53	
18	Thu	11:38	4.6			6:23	-0.2	6:27	-0.4	6:05	7:52	
19	Fri	12:06	5.1	12:39	4.5	7:24	-0.3	7:26	-0.3	6:06	7:50	
20	Sat	1:07	5.1	1:38	4.6	8:22	-0.4	8:24	-0.4	6:07	7:48	
21	Sun	2:04	5.2	2:34	4.7	9:17	-0.6	9:19	-0.4	6:08	7:47	
22	Mon	2:56	5.2	3:26	4.8	10:09	-0.8	10:11	-0.4	6:09	7:45	
23	Tue	3:44	5.3	4:14	4.9	10:56	-0.8	11:00	-0.4	6:10	7:44	
24	Wed	4:29	5.3	4:59	5.0	11:40	-0.8	11:45	-0.3	6:11	7:42	
25	Thu	5:10	5.2	5:42	4.9			12:21	-0.7	6:12	7:40	
26	Fri	5:51	5.0	6:24	4.9	12:28	-0.2	12:59	-0.6	6:14	7:39	
27	Sat	6:30	4.9	7:04	4.8	1:09	0.0	1:35	-0.4	6:15	7:37	
28	Sun	7:09	4.7	7:42	4.8	1:50	0.1	2:08	-0.2	6:16	7:35	
29	Mon	7:48	4.5	8:17	4.8	2:30	0.3	2:37	-0.1	6:17	7:34	
30	Tue	8:25	4.3	8:43	4.8	3:13	0.4	3:04	0.0	6:18	7:32	
31	Wed	9:01	4.1	9:03	4.8	4:00	0.5	3:35	0.1	6:19	7:30	