
































Albany, NY - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:33	5.5	5:32	5.4	12:30	0.4	12:44	0.5	6:29	5:45	
2	Fri	6:03	5.7	6:16	5.3	1:06	0.4	1:32	0.6	6:27	5:46	
3	Sat	6:42	5.8	7:07	5.2	1:43	0.5	2:23	0.7	6:25	5:47	
4	Sun	7:28	5.8	8:07	5.0	2:24	0.6	3:21	0.8	6:24	5:48	
5	Mon	8:22	5.8	9:20	4.8	3:14	0.8	4:26	0.9	6:22	5:50	
6	Tue	9:26	5.7	10:37	4.7	4:17	0.9	5:32	1.0	6:20	5:51	
7	Wed	10:45	5.5	11:48	4.8	5:27	1.0	6:37	0.9	6:19	5:52	
8	Thu			12:02	5.5	6:37	0.9	7:38	0.7	6:17	5:53	
9	Fri	12:52	5.0	1:09	5.7	7:41	0.7	8:35	0.4	6:15	5:54	
10	Sat	1:49	5.2	2:08	5.8	8:41	0.4	9:28	0.2	6:13	5:56	
11	Sun	3:42	5.5	4:01	6.0	10:36	0.2	11:17	0.1	7:12	6:57	
12	Mon	4:31	5.7	4:50	6.0	11:29	0.0			7:10	6:58	
13	Tue	5:18	5.8	5:38	6.0	12:03	0.1	12:18	0.0	7:08	6:59	
14	Wed	6:04	5.9	6:25	5.9	12:47	0.1	1:07	0.1	7:07	7:00	
15	Thu	6:50	5.9	7:14	5.7	1:29	0.3	1:54	0.3	7:05	7:02	
16	Fri	7:36	5.8	8:05	5.5	2:09	0.5	2:42	0.5	7:03	7:03	
17	Sat	8:23	5.7	8:57	5.3	2:48	0.8	3:31	0.8	7:01	7:04	
18	Sun	9:10	5.6	9:50	5.1	3:27	1.0	4:21	1.0	7:00	7:05	
19	Mon	9:58	5.5	10:45	5.0	4:07	1.3	5:15	1.1	6:58	7:06	
20	Tue	10:50	5.4	11:41	4.9	4:51	1.5	6:10	1.2	6:56	7:07	
21	Wed	11:46	5.3			5:44	1.6	7:05	1.2	6:54	7:09	
22	Thu	12:38	4.9	12:44	5.3	6:44	1.6	7:59	1.2	6:53	7:10	
23	Fri	1:33	5.0	1:40	5.3	7:44	1.6	8:50	1.0	6:51	7:11	
24	Sat	2:23	5.2	2:31	5.5	8:41	1.4	9:38	0.9	6:49	7:12	
25	Sun	3:10	5.4	3:16	5.6	9:34	1.2	10:22	0.8	6:47	7:13	
26	Mon	3:51	5.6	3:56	5.7	10:25	1.0	11:03	0.7	6:46	7:14	
27	Tue	4:28	5.8	4:32	5.7	11:12	0.8	11:43	0.7	6:44	7:15	
28	Wed	5:00	5.9	5:05	5.7	11:59	0.7			6:42	7:17	
29	Thu	5:29	6.1	5:40	5.6	12:21	0.7	12:45	0.7	6:40	7:18	
30	Fri	5:57	6.3	6:19	5.6	12:58	0.8	1:33	0.7	6:39	7:19	
31	Sat	6:32	6.4	7:06	5.5	1:37	0.8	2:22	0.8	6:37	7:20	