
































Albany, NY - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:55	5.5			6:02	1.4	6:35	0.9	5:19	8:26	
2	Tue	12:07	5.5	12:13	5.3	7:13	1.3	7:30	0.8	5:19	8:26	
3	Wed	1:03	5.7	1:23	5.2	8:19	1.1	8:24	0.7	5:18	8:27	
4	Thu	1:56	6.0	2:24	5.2	9:21	0.8	9:18	0.7	5:18	8:28	
5	Fri	2:46	6.2	3:20	5.2	10:20	0.5	10:12	0.7	5:18	8:29	
6	Sat	3:33	6.4	4:14	5.2	11:15	0.3	11:05	0.6	5:17	8:29	
7	Sun	4:21	6.4	5:07	5.1			12:08	0.2	5:17	8:30	
8	Mon	5:09	6.3	6:01	5.0			1:00	0.1	5:17	8:31	
9	Tue	6:01	6.1	6:58	5.0	12:49	0.7	1:52	0.1	5:16	8:31	
10	Wed	6:58	5.9	7:58	5.0	1:42	0.8	2:42	0.2	5:16	8:32	
11	Thu	8:00	5.6	8:57	5.0	2:35	0.9	3:33	0.3	5:16	8:32	
12	Fri	9:03	5.4	9:55	5.1	3:30	1.0	4:24	0.3	5:16	8:33	
13	Sat	10:03	5.2	10:50	5.2	4:27	1.0	5:14	0.4	5:16	8:33	
14	Sun	11:01	5.1	11:44	5.4	5:26	1.1	6:03	0.4	5:16	8:34	
15	Mon	11:57	4.9			6:24	1.1	6:51	0.5	5:16	8:34	
16	Tue	12:37	5.5	12:53	4.8	7:22	1.0	7:38	0.5	5:16	8:35	
17	Wed	1:27	5.7	1:46	4.7	8:18	0.9	8:23	0.6	5:16	8:35	
18	Thu	2:15	5.8	2:37	4.7	9:12	0.7	9:07	0.6	5:16	8:35	
19	Fri	2:59	5.9	3:25	4.6	10:02	0.5	9:50	0.7	5:16	8:36	
20	Sat	3:39	6.0	4:10	4.6	10:49	0.3	10:31	0.7	5:17	8:36	
21	Sun	4:16	6.0	4:53	4.5	11:33	0.2	11:11	0.7	5:17	8:36	
22	Mon	4:49	5.9	5:33	4.4			12:15	0.1	5:17	8:36	
23	Tue	5:17	5.9	6:13	4.4			12:56	0.1	5:17	8:36	
24	Wed	5:42	5.9	6:51	4.4	12:31	0.7	1:36	0.2	5:18	8:36	
25	Thu	6:12	5.8	7:28	4.5	1:12	0.7	2:15	0.2	5:18	8:37	
26	Fri	6:53	5.8	8:07	4.6	1:56	0.7	2:55	0.2	5:18	8:37	
27	Sat	7:39	5.7	8:50	4.8	2:44	0.7	3:35	0.2	5:19	8:37	
28	Sun	8:32	5.5	9:37	5.0	3:37	0.8	4:17	0.2	5:19	8:37	
29	Mon	9:29	5.3	10:30	5.2	4:38	0.9	5:03	0.2	5:20	8:37	
30	Tue	10:35	5.0	11:27	5.3	5:45	0.9	5:55	0.3	5:20	8:36	