

































## Albany, NY - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:19	5.3	11:46	4.8	5:45	-0.2	6:26	0.1	7:25	4:32	
2	Tue			12:16	5.4	6:39	-0.1	7:27	0.0	7:25	4:33	
3	Wed	12:45	4.7	1:11	5.4	7:34	-0.1	8:25	-0.1	7:25	4:34	
4	Thu	1:40	4.7	2:02	5.5	8:27	-0.1	9:19	-0.2	7:25	4:35	
5	Fri	2:32	4.7	2:50	5.4	9:18	0.0	10:09	-0.2	7:24	4:36	
6	Sat	3:21	4.7	3:35	5.4	10:06	0.0	10:56	-0.2	7:24	4:37	
7	Sun	4:08	4.7	4:18	5.3	10:52	0.1	11:39	-0.1	7:24	4:38	
8	Mon	4:54	4.6	5:00	5.2	11:34	0.3			7:24	4:39	
9	Tue	5:39	4.5	5:41	5.0	12:20	0.0	12:15	0.4	7:24	4:40	
10	Wed	6:24	4.5	6:22	4.9	12:58	0.1	12:55	0.5	7:23	4:41	
11	Thu	7:08	4.5	7:03	4.8	1:34	0.2	1:36	0.6	7:23	4:42	
12	Fri	7:50	4.5	7:45	4.6	2:08	0.3	2:19	0.7	7:23	4:43	
13	Sat	8:29	4.6	8:31	4.5	2:39	0.4	3:08	0.8	7:22	4:44	
14	Sun	9:06	4.7	9:23	4.3	3:10	0.4	4:05	0.9	7:22	4:45	
15	Mon	9:43	4.7	10:24	4.1	3:46	0.5	5:07	0.9	7:21	4:46	
16	Tue	10:28	4.8	11:27	4.0	4:34	0.6	6:12	0.9	7:21	4:48	
17	Wed	11:26	4.9			5:33	0.6	7:14	0.7	7:20	4:49	
18	Thu	12:28	3.9	12:26	5.0	6:40	0.6	8:12	0.5	7:20	4:50	
19	Fri	1:23	4.1	1:22	5.2	7:46	0.5	9:06	0.3	7:19	4:51	
20	Sat	2:14	4.2	2:12	5.3	8:46	0.3	9:57	0.0	7:19	4:53	
21	Sun	3:01	4.4	3:01	5.5	9:43	0.1	10:46	-0.2	7:18	4:54	
22	Mon	3:47	4.6	3:48	5.6	10:36	-0.1	11:33	-0.3	7:17	4:55	
23	Tue	4:33	4.8	4:38	5.6	11:28	-0.2			7:16	4:56	
24	Wed	5:22	5.0	5:31	5.6	12:19	-0.4	12:20	-0.3	7:16	4:58	
25	Thu	6:13	5.1	6:27	5.5	1:04	-0.4	1:12	-0.3	7:15	4:59	
26	Fri	7:07	5.3	7:26	5.3	1:51	-0.4	2:07	-0.2	7:14	5:00	
27	Sat	8:02	5.3	8:26	5.1	2:38	-0.3	3:04	-0.1	7:13	5:01	
28	Sun	8:58	5.4	9:26	4.9	3:28	-0.2	4:03	0.0	7:12	5:03	
29	Mon	9:55	5.4	10:27	4.8	4:20	-0.1	5:05	0.2	7:11	5:04	
30	Tue	10:54	5.3	11:27	4.7	5:16	0.1	6:06	0.2	7:10	5:05	
31	Wed	11:53	5.3			6:13	0.2	7:07	0.2	7:09	5:07	