

































Albany, NY - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:36	4.7	1:00	5.3	7:36	0.1	8:36	0.1	7:25	4:32	
2	Thu	1:36	4.8	1:54	5.5	8:36	-0.1	9:30	-0.2	7:25	4:33	
3	Fri	2:36	4.9	2:48	5.6	9:30	-0.2	10:24	-0.4	7:25	4:34	
4	Sat	3:24	5.0	3:36	5.7	10:24	-0.3	11:18	-0.6	7:24	4:35	
5	Sun	4:18	5.0	4:30	5.7	11:18	-0.4			7:24	4:36	
6	Mon	5:12	5.0	5:24	5.6	12:06	-0.6	12:06	-0.4	7:24	4:37	
7	Tue	6:06	5.0	6:24	5.4	12:54	-0.6	1:00	-0.3	7:24	4:38	
8	Wed	7:00	5.0	7:18	5.3	1:48	-0.5	1:54	-0.2	7:24	4:39	
9	Thu	8:00	5.0	8:18	5.2	2:36	-0.5	2:48	-0.1	7:24	4:40	
10	Fri	8:54	5.1	9:12	5.0	3:24	-0.3	3:42	0.1	7:23	4:41	
11	Sat	9:48	5.1	10:06	4.9	4:12	-0.2	4:36	0.2	7:23	4:42	
12	Sun	10:42	5.1	11:06	4.8	5:00	-0.1	5:36	0.3	7:23	4:43	
13	Mon	11:36	5.1			5:54	0.0	6:30	0.3	7:22	4:44	
14	Tue	12:00	4.7	12:24	5.2	6:42	0.1	7:24	0.2	7:22	4:46	
15	Wed	12:54	4.7	1:18	5.3	7:30	0.1	8:18	0.1	7:21	4:47	
16	Thu	1:42	4.7	2:00	5.4	8:18	0.1	9:06	0.0	7:21	4:48	
17	Fri	2:30	4.7	2:48	5.4	9:06	0.1	9:54	-0.1	7:20	4:49	
18	Sat	3:18	4.7	3:24	5.4	9:48	0.1	10:36	-0.1	7:20	4:50	
19	Sun	3:54	4.7	4:00	5.4	10:30	0.1	11:18	-0.1	7:19	4:52	
20	Mon	4:36	4.7	4:30	5.4	11:12	0.1	11:54	-0.1	7:18	4:53	
21	Tue	5:12	4.7	5:00	5.4	11:54	0.1			7:18	4:54	
22	Wed	5:42	4.7	5:24	5.4	12:36	-0.1	12:36	0.1	7:17	4:55	
23	Thu	6:06	4.8	6:00	5.3	1:12	0.0	1:18	0.2	7:16	4:57	
24	Fri	6:36	4.9	6:48	5.3	1:48	0.0	2:06	0.3	7:15	4:58	
25	Sat	7:18	5.1	7:42	5.2	2:30	0.0	3:00	0.4	7:14	4:59	
26	Sun	8:06	5.2	8:42	5.0	3:12	0.1	4:00	0.5	7:14	5:01	
27	Mon	9:06	5.2	10:00	4.8	4:06	0.2	5:06	0.5	7:13	5:02	
28	Tue	10:12	5.2	11:12	4.7	5:06	0.3	6:12	0.5	7:12	5:03	
29	Wed	11:30	5.2			6:12	0.3	7:12	0.3	7:11	5:04	
30	Thu	12:24	4.7	12:36	5.3	7:18	0.2	8:12	0.1	7:10	5:06	
31	Fri	1:24	4.9	1:36	5.5	8:18	0.0	9:12	-0.2	7:09	5:07	