

































Albany, NY - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:07	5.3	1:26	5.7	7:59	0.3	8:50	0.0	6:29	5:45	
2	Sun	2:02	5.5	2:21	5.8	8:57	0.1	9:42	-0.2	6:27	5:46	
3	Mon	2:54	5.7	3:13	5.9	9:51	-0.1	10:30	-0.2	6:25	5:47	
4	Tue	3:42	5.9	4:01	5.9	10:42	-0.2	11:17	-0.2	6:24	5:48	
5	Wed	4:30	5.9	4:49	5.8	11:31	-0.1			6:22	5:49	
6	Thu	5:17	5.9	5:38	5.7	12:02	-0.1	12:19	0.0	6:20	5:51	
7	Fri	6:04	5.8	6:27	5.5	12:45	0.1	1:06	0.2	6:19	5:52	
8	Sat	6:52	5.7	7:19	5.4	1:27	0.4	1:53	0.5	6:17	5:53	
9	Sun	8:40	5.6	9:11	5.2	3:09	0.6	3:41	0.7	7:15	6:54	
10	Mon	9:29	5.5	10:05	5.1	3:50	0.9	4:32	0.9	7:14	6:55	
11	Tue	10:20	5.4	11:00	5.0	4:34	1.1	5:24	1.0	7:12	6:57	
12	Wed	11:12	5.3	11:55	4.9	5:22	1.2	6:19	1.1	7:10	6:58	
13	Thu			12:07	5.3	6:16	1.3	7:13	1.1	7:08	6:59	
14	Fri	12:51	4.9	1:02	5.3	7:12	1.3	8:07	1.0	7:07	7:00	
15	Sat	1:44	5.0	1:55	5.4	8:08	1.2	8:57	0.9	7:05	7:01	
16	Sun	2:33	5.2	2:43	5.5	9:02	1.0	9:45	0.7	7:03	7:03	
17	Mon	3:18	5.4	3:27	5.6	9:54	0.8	10:30	0.6	7:02	7:04	
18	Tue	3:59	5.5	4:07	5.7	10:43	0.6	11:12	0.5	7:00	7:05	
19	Wed	4:35	5.7	4:44	5.8	11:30	0.5	11:53	0.5	6:58	7:06	
20	Thu	5:06	5.9	5:20	5.8			12:17	0.4	6:56	7:07	
21	Fri	5:34	6.0	5:58	5.8	12:34	0.5	1:04	0.4	6:55	7:08	
22	Sat	6:03	6.2	6:41	5.7	1:14	0.5	1:52	0.4	6:53	7:09	
23	Sun	6:42	6.2	7:34	5.6	1:56	0.6	2:43	0.5	6:51	7:11	
24	Mon	7:29	6.2	8:35	5.6	2:41	0.7	3:36	0.6	6:49	7:12	
25	Tue	8:24	6.2	9:40	5.5	3:32	0.8	4:34	0.7	6:48	7:13	
26	Wed	9:31	6.0	10:46	5.5	4:30	0.9	5:33	0.7	6:46	7:14	
27	Thu	10:49	5.9	11:50	5.5	5:33	1.0	6:34	0.7	6:44	7:15	
28	Fri			12:03	5.8	6:39	0.9	7:34	0.6	6:42	7:16	
29	Sat	12:52	5.7	1:11	5.8	7:42	0.8	8:31	0.4	6:41	7:18	
30	Sun	1:51	5.9	2:11	6.0	8:42	0.6	9:25	0.3	6:39	7:19	
31	Mon	2:45	6.2	3:06	6.1	9:39	0.4	10:16	0.2	6:37	7:20	