

































## Albany, NY - Jul 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:12	5.8	5:50	4.7			12:29	-0.2	5:21	8:36	
2	Wed	5:46	5.7	6:31	4.7	12:20	0.4	1:08	-0.1	5:21	8:36	
3	Thu	6:15	5.6	7:11	4.6	12:57	0.5	1:46	-0.1	5:22	8:36	
4	Fri	6:34	5.5	7:48	4.6	1:35	0.6	2:22	0.0	5:23	8:36	
5	Sat	7:02	5.4	8:22	4.7	2:14	0.6	2:57	0.0	5:23	8:35	
6	Sun	7:42	5.3	8:48	4.8	2:57	0.7	3:32	0.1	5:24	8:35	
7	Mon	8:29	5.2	9:22	4.9	3:47	0.7	4:10	0.1	5:25	8:35	
8	Tue	9:22	5.0	10:11	5.0	4:48	0.8	4:54	0.2	5:25	8:34	
9	Wed	10:23	4.7	11:10	5.1	5:55	0.8	5:49	0.2	5:26	8:34	
10	Thu	11:45	4.5			7:04	0.8	6:52	0.3	5:27	8:33	
11	Fri	12:19	5.2	1:05	4.4	8:09	0.6	7:58	0.2	5:28	8:33	
12	Sat	1:24	5.3	2:10	4.4	9:10	0.2	9:01	0.2	5:28	8:32	
13	Sun	2:23	5.5	3:08	4.6	10:07	-0.1	10:00	0.0	5:29	8:32	
14	Mon	3:17	5.7	4:02	4.7	11:01	-0.4	10:56	-0.2	5:30	8:31	
15	Tue	4:09	5.8	4:54	4.8	11:53	-0.6	11:50	-0.3	5:31	8:30	
16	Wed	5:00	5.8	5:46	4.9			12:43	-0.8	5:32	8:30	
17	Thu	5:53	5.7	6:41	4.9	12:43	-0.3	1:31	-0.9	5:33	8:29	
18	Fri	6:48	5.5	7:36	5.0	1:35	-0.3	2:20	-0.9	5:33	8:28	
19	Sat	7:47	5.4	8:33	5.0	2:28	-0.3	3:08	-0.8	5:34	8:27	
20	Sun	8:45	5.2	9:28	5.1	3:22	-0.2	3:57	-0.7	5:35	8:27	
21	Mon	9:43	5.0	10:23	5.2	4:18	0.0	4:47	-0.5	5:36	8:26	
22	Tue	10:41	4.8	11:18	5.2	5:15	0.1	5:37	-0.4	5:37	8:25	
23	Wed	11:38	4.6			6:13	0.1	6:28	-0.3	5:38	8:24	
24	Thu	12:12	5.2	12:35	4.5	7:10	0.1	7:19	-0.1	5:39	8:23	
25	Fri	1:05	5.2	1:31	4.4	8:07	0.0	8:10	-0.1	5:40	8:22	
26	Sat	1:57	5.3	2:24	4.4	9:00	-0.1	9:00	0.0	5:41	8:21	
27	Sun	2:45	5.4	3:14	4.5	9:50	-0.3	9:47	0.0	5:42	8:20	
28	Mon	3:30	5.4	4:01	4.5	10:37	-0.4	10:32	0.0	5:43	8:19	
29	Tue	4:11	5.4	4:44	4.5	11:20	-0.5	11:15	0.0	5:44	8:18	
30	Wed	4:49	5.4	5:25	4.5			12:01	-0.5	5:45	8:17	
31	Thu	5:23	5.3	6:03	4.5			12:39	-0.5	5:46	8:16	