
































## Albany, NY - Sep 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:28	5.0	6:50	5.0	1:45	-0.1	1:56	-0.4	6:20	7:28	
2	Tue	7:07	4.9	7:26	5.2	2:31	0.0	2:33	-0.4	6:21	7:27	
3	Wed	7:55	4.8	8:12	5.3	3:22	0.1	3:13	-0.3	6:22	7:25	
4	Thu	8:53	4.6	9:04	5.3	4:18	0.2	4:00	-0.2	6:23	7:23	
5	Fri	10:03	4.4	10:06	5.2	5:19	0.3	5:00	0.0	6:24	7:22	
6	Sat	11:20	4.3	11:25	5.1	6:23	0.3	6:10	0.1	6:25	7:20	
7	Sun			12:31	4.3	7:26	0.1	7:20	0.1	6:27	7:18	
8	Mon	12:44	5.1	1:35	4.5	8:26	-0.1	8:26	-0.1	6:28	7:16	
9	Tue	1:52	5.2	2:34	4.7	9:23	-0.4	9:26	-0.3	6:29	7:15	
10	Wed	2:51	5.3	3:28	5.0	10:16	-0.7	10:23	-0.5	6:30	7:13	
11	Thu	3:45	5.5	4:18	5.2	11:06	-0.8	11:17	-0.6	6:31	7:11	
12	Fri	4:34	5.5	5:07	5.3	11:54	-0.9			6:32	7:09	
13	Sat	5:23	5.4	5:54	5.4	12:08	-0.6	12:39	-0.9	6:33	7:07	
14	Sun	6:12	5.3	6:43	5.3	12:57	-0.6	1:24	-0.7	6:34	7:06	
15	Mon	7:02	5.1	7:31	5.3	1:46	-0.4	2:07	-0.5	6:35	7:04	
16	Tue	7:54	4.9	8:21	5.2	2:35	-0.2	2:50	-0.3	6:36	7:02	
17	Wed	8:48	4.7	9:12	5.1	3:25	0.1	3:33	0.0	6:37	7:00	
18	Thu	9:42	4.5	10:03	5.0	4:16	0.2	4:18	0.2	6:38	6:59	
19	Fri	10:38	4.3	10:56	4.9	5:09	0.4	5:06	0.4	6:39	6:57	
20	Sat	11:34	4.2	11:51	4.8	6:04	0.5	5:58	0.6	6:40	6:55	
21	Sun			12:30	4.2	6:58	0.4	6:53	0.6	6:42	6:53	
22	Mon	12:46	4.8	1:25	4.3	7:51	0.3	7:49	0.6	6:43	6:51	
23	Tue	1:39	4.9	2:17	4.5	8:41	0.2	8:43	0.5	6:44	6:50	
24	Wed	2:29	5.0	3:04	4.6	9:29	0.0	9:35	0.3	6:45	6:48	
25	Thu	3:14	5.1	3:47	4.8	10:13	-0.1	10:24	0.1	6:46	6:46	
26	Fri	3:55	5.2	4:25	5.0	10:55	-0.2	11:11	0.0	6:47	6:44	
27	Sat	4:32	5.2	4:58	5.1	11:35	-0.3	11:57	-0.1	6:48	6:42	
28	Sun	5:06	5.2	5:26	5.2			12:13	-0.3	6:49	6:41	
29	Mon	5:40	5.1	5:50	5.4	12:43	-0.1	12:52	-0.3	6:50	6:39	
30	Tue	6:15	5.0	6:20	5.5	1:30	0.0	1:30	-0.2	6:51	6:37	