
































Albany, NY - Jun 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:31	5.5	1:44	5.0	8:19	1.3	8:26	0.9	5:19	8:26	
2	Tue	2:16	5.7	2:35	5.0	9:15	1.0	9:15	0.9	5:19	8:27	
3	Wed	2:57	5.9	3:22	5.0	10:09	0.8	10:03	0.8	5:18	8:27	
4	Thu	3:33	6.1	4:06	5.1	11:00	0.5	10:50	0.7	5:18	8:28	
5	Fri	4:05	6.2	4:49	5.1	11:49	0.3	11:37	0.6	5:17	8:29	
6	Sat	4:38	6.4	5:34	5.1			12:37	0.2	5:17	8:30	
7	Sun	5:16	6.4	6:22	5.1	12:25	0.6	1:26	0.1	5:17	8:30	
8	Mon	6:01	6.3	7:17	5.2	1:14	0.6	2:15	0.0	5:17	8:31	
9	Tue	6:55	6.2	8:15	5.2	2:06	0.6	3:05	0.0	5:16	8:31	
10	Wed	7:59	6.0	9:15	5.4	3:01	0.6	3:56	0.0	5:16	8:32	
11	Thu	9:11	5.8	10:14	5.5	4:00	0.6	4:50	0.0	5:16	8:32	
12	Fri	10:20	5.7	11:12	5.6	5:01	0.6	5:44	0.0	5:16	8:33	
13	Sat	11:25	5.5			6:03	0.5	6:38	0.0	5:16	8:33	
14	Sun	12:10	5.8	12:28	5.4	7:05	0.4	7:33	0.0	5:16	8:34	
15	Mon	1:06	6.0	1:27	5.4	8:05	0.3	8:26	-0.1	5:16	8:34	
16	Tue	2:00	6.1	2:23	5.4	9:03	0.1	9:17	-0.1	5:16	8:35	
17	Wed	2:50	6.3	3:15	5.3	9:58	-0.1	10:06	0.0	5:16	8:35	
18	Thu	3:37	6.3	4:04	5.3	10:49	-0.2	10:53	0.1	5:16	8:35	
19	Fri	4:21	6.2	4:50	5.2	11:37	-0.2	11:37	0.2	5:16	8:36	
20	Sat	5:03	6.1	5:37	5.1			12:22	-0.2	5:17	8:36	
21	Sun	5:44	5.9	6:23	5.0	12:20	0.4	1:06	0.0	5:17	8:36	
22	Mon	6:23	5.8	7:09	4.8	1:00	0.6	1:47	0.1	5:17	8:36	
23	Tue	7:02	5.6	7:56	4.7	1:39	0.8	2:27	0.2	5:17	8:36	
24	Wed	7:38	5.4	8:43	4.7	2:17	0.9	3:05	0.3	5:18	8:37	
25	Thu	8:12	5.2	9:29	4.7	2:57	1.0	3:43	0.4	5:18	8:37	
26	Fri	8:46	5.1	10:15	4.7	3:42	1.1	4:21	0.5	5:18	8:37	
27	Sat	9:31	4.9	11:01	4.8	4:36	1.2	5:01	0.5	5:19	8:37	
28	Sun	10:37	4.7	11:48	4.9	5:38	1.2	5:47	0.5	5:19	8:37	
29	Mon	11:53	4.5			6:43	1.1	6:39	0.6	5:20	8:37	
30	Tue	12:37	5.0	12:58	4.4	7:46	1.0	7:35	0.6	5:20	8:36	