

































Albany, NY - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:07	5.3	6:17	5.2	12:40	0.5	1:01	0.6	6:30	5:44	
2	Tue	6:29	5.3	6:48	5.1	1:10	0.6	1:42	0.8	6:28	5:45	
3	Wed	6:40	5.4	7:21	5.0	1:37	0.6	2:26	0.9	6:26	5:46	
4	Thu	7:14	5.6	8:05	4.9	2:06	0.7	3:17	1.0	6:25	5:48	
5	Fri	7:58	5.6	9:07	4.8	2:45	0.8	4:16	1.1	6:23	5:49	
6	Sat	8:49	5.6	10:24	4.7	3:36	0.9	5:20	1.1	6:21	5:50	
7	Sun	9:48	5.5	11:34	4.7	4:43	1.0	6:23	1.1	6:20	5:51	
8	Mon	11:05	5.4			6:02	1.1	7:23	0.9	6:18	5:52	
9	Tue	12:35	4.9	12:31	5.5	7:14	0.9	8:20	0.7	6:16	5:54	
10	Wed	1:31	5.1	1:36	5.7	8:18	0.7	9:13	0.4	6:14	5:55	
11	Thu	2:22	5.4	2:31	5.9	9:16	0.4	10:03	0.2	6:13	5:56	
12	Fri	3:10	5.7	3:23	6.1	10:11	0.1	10:51	0.1	6:11	5:57	
13	Sat	3:57	5.9	4:13	6.1	11:04	0.0	11:38	0.0	6:09	5:58	
14	Sun	5:44	6.1	6:05	6.0			12:55	-0.1	7:08	7:00	
15	Mon	6:34	6.1	7:00	5.9	1:25	0.0	1:47	-0.1	7:06	7:01	
16	Tue	7:26	6.1	7:58	5.8	2:12	0.1	2:40	0.1	7:04	7:02	
17	Wed	8:21	6.1	8:57	5.6	3:00	0.3	3:35	0.2	7:02	7:03	
18	Thu	9:17	6.0	9:56	5.5	3:50	0.5	4:31	0.4	7:01	7:04	
19	Fri	10:15	5.8	10:55	5.4	4:43	0.7	5:29	0.6	6:59	7:05	
20	Sat	11:14	5.7	11:54	5.4	5:39	0.8	6:27	0.7	6:57	7:07	
21	Sun			12:14	5.7	6:36	0.9	7:24	0.7	6:55	7:08	
22	Mon	12:52	5.4	1:12	5.6	7:32	1.0	8:19	0.6	6:54	7:09	
23	Tue	1:48	5.5	2:06	5.7	8:27	0.9	9:10	0.6	6:52	7:10	
24	Wed	2:39	5.7	2:56	5.8	9:19	0.8	9:57	0.5	6:50	7:11	
25	Thu	3:27	5.8	3:42	5.9	10:08	0.7	10:40	0.5	6:48	7:12	
26	Fri	4:10	5.9	4:24	5.9	10:54	0.7	11:20	0.5	6:47	7:14	
27	Sat	4:50	6.0	5:03	5.8	11:37	0.6	11:57	0.6	6:45	7:15	
28	Sun	5:27	6.0	5:41	5.7			12:19	0.7	6:43	7:16	
29	Mon	5:59	6.0	6:17	5.6	12:32	0.7	1:00	0.7	6:41	7:17	
30	Tue	6:23	6.0	6:50	5.5	1:03	0.9	1:41	0.8	6:40	7:18	
31	Wed	6:32	6.1	7:22	5.4	1:33	0.9	2:23	0.9	6:38	7:19	