
































Albany, NY - Jun 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:25	6.1	8:18	5.2	2:09	0.7	2:59	0.2	5:19	8:26	
2	Fri	8:24	5.9	9:17	5.2	3:01	0.9	3:51	0.3	5:18	8:27	
3	Sat	9:24	5.7	10:15	5.3	3:55	1.0	4:42	0.4	5:18	8:28	
4	Sun	10:23	5.5	11:11	5.4	4:52	1.1	5:34	0.5	5:18	8:29	
5	Mon	11:21	5.3			5:49	1.2	6:24	0.6	5:17	8:29	
6	Tue	12:06	5.5	12:18	5.2	6:47	1.1	7:14	0.6	5:17	8:30	
7	Wed	12:59	5.6	1:13	5.2	7:44	1.0	8:01	0.6	5:17	8:30	
8	Thu	1:50	5.7	2:05	5.1	8:38	0.9	8:47	0.6	5:17	8:31	
9	Fri	2:36	5.9	2:55	5.1	9:30	0.7	9:30	0.6	5:16	8:32	
10	Sat	3:19	6.0	3:41	5.1	10:18	0.5	10:12	0.6	5:16	8:32	
11	Sun	3:58	6.1	4:24	5.0	11:04	0.3	10:51	0.7	5:16	8:33	
12	Mon	4:33	6.1	5:06	4.9	11:49	0.2	11:29	0.7	5:16	8:33	
13	Tue	5:02	6.0	5:47	4.8			12:31	0.2	5:16	8:34	
14	Wed	5:22	6.0	6:26	4.7	12:07	0.7	1:14	0.2	5:16	8:34	
15	Thu	5:41	6.0	7:06	4.7	12:46	0.7	1:55	0.2	5:16	8:34	
16	Fri	6:16	6.1	7:47	4.8	1:27	0.8	2:38	0.3	5:16	8:35	
17	Sat	7:00	6.0	8:31	4.9	2:11	0.8	3:22	0.3	5:16	8:35	
18	Sun	7:50	5.9	9:20	5.0	3:01	0.8	4:07	0.3	5:16	8:35	
19	Mon	8:45	5.7	10:14	5.1	3:58	0.9	4:56	0.3	5:17	8:36	
20	Tue	9:48	5.5	11:11	5.3	5:03	0.9	5:49	0.3	5:17	8:36	
21	Wed	11:04	5.2			6:12	0.9	6:44	0.3	5:17	8:36	
22	Thu	12:10	5.5	12:23	5.0	7:19	0.7	7:40	0.2	5:17	8:36	
23	Fri	1:08	5.7	1:31	5.0	8:24	0.5	8:37	0.2	5:18	8:36	
24	Sat	2:03	5.9	2:32	5.0	9:25	0.2	9:32	0.1	5:18	8:37	
25	Sun	2:56	6.1	3:27	5.0	10:22	-0.1	10:25	0.0	5:18	8:37	
26	Mon	3:46	6.2	4:20	5.0	11:16	-0.3	11:17	0.0	5:19	8:37	
27	Tue	4:34	6.1	5:12	5.0			12:08	-0.4	5:19	8:37	
28	Wed	5:23	6.0	6:05	4.9	12:08	0.1	12:58	-0.4	5:20	8:37	
29	Thu	6:13	5.8	6:59	4.8	12:58	0.1	1:46	-0.3	5:20	8:36	
30	Fri	7:06	5.6	7:55	4.8	1:47	0.3	2:34	-0.2	5:21	8:36	