

































Albany, NY - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:27	5.3	7:04	0.1	7:53	0.3	7:24	4:32	
2	Tue	12:59	4.7	1:24	5.5	8:01	0.0	8:54	0.0	7:25	4:33	
3	Wed	1:58	4.7	2:17	5.6	8:58	-0.1	9:50	-0.2	7:25	4:34	
4	Thu	2:53	4.7	3:09	5.7	9:52	-0.2	10:44	-0.3	7:24	4:35	
5	Fri	3:46	4.8	4:00	5.7	10:45	-0.2	11:35	-0.4	7:24	4:36	
6	Sat	4:38	4.7	4:52	5.6	11:36	-0.2			7:24	4:37	
7	Sun	5:33	4.7	5:47	5.4	12:25	-0.4	12:27	-0.2	7:24	4:38	
8	Mon	6:28	4.7	6:43	5.3	1:14	-0.3	1:17	-0.1	7:24	4:39	
9	Tue	7:25	4.7	7:40	5.2	2:02	-0.3	2:09	0.1	7:24	4:40	
10	Wed	8:20	4.7	8:35	5.0	2:50	-0.1	3:01	0.2	7:23	4:41	
11	Thu	9:14	4.8	9:30	4.9	3:37	0.0	3:56	0.4	7:23	4:42	
12	Fri	10:06	4.8	10:24	4.8	4:24	0.1	4:51	0.5	7:23	4:43	
13	Sat	10:58	4.9	11:18	4.7	5:11	0.2	5:48	0.5	7:22	4:44	
14	Sun	11:50	5.0			5:58	0.3	6:44	0.4	7:22	4:46	
15	Mon	12:12	4.6	12:40	5.1	6:45	0.3	7:38	0.3	7:21	4:47	
16	Tue	1:05	4.5	1:27	5.2	7:32	0.3	8:30	0.2	7:21	4:48	
17	Wed	1:55	4.5	2:11	5.3	8:19	0.3	9:19	0.0	7:20	4:49	
18	Thu	2:41	4.6	2:51	5.3	9:04	0.3	10:05	-0.1	7:20	4:50	
19	Fri	3:24	4.6	3:27	5.4	9:47	0.2	10:48	-0.1	7:19	4:52	
20	Sat	4:05	4.5	3:58	5.4	10:30	0.2	11:30	-0.1	7:18	4:53	
21	Sun	4:44	4.5	4:24	5.4	11:13	0.1			7:18	4:54	
22	Mon	5:20	4.6	4:53	5.4	12:11	-0.1	11:55 AM	0.1	7:17	4:55	
23	Tue	5:55	4.7	5:31	5.5	12:51	0.0	12:39	0.1	7:16	4:57	
24	Wed	6:30	4.8	6:16	5.4	1:31	0.0	1:26	0.2	7:15	4:58	
25	Thu	7:11	4.9	7:08	5.3	2:12	0.0	2:17	0.2	7:14	4:59	
26	Fri	7:58	5.1	8:06	5.1	2:56	0.1	3:14	0.4	7:14	5:01	
27	Sat	8:52	5.2	9:13	4.9	3:44	0.1	4:18	0.5	7:13	5:02	
28	Sun	9:53	5.2	10:29	4.7	4:38	0.2	5:26	0.5	7:12	5:03	
29	Mon	10:59	5.2	11:40	4.6	5:37	0.3	6:33	0.4	7:11	5:04	
30	Tue			12:04	5.3	6:39	0.2	7:36	0.3	7:10	5:06	
31	Wed	12:45	4.6	1:06	5.4	7:41	0.2	8:36	0.1	7:09	5:07	