






























## Albany, NY - May 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:36	6.5	3:54	6.1	10:31	0.5	10:48	0.5	5:48	7:55	
2	Wed	4:19	6.6	4:38	6.0	11:19	0.5	11:28	0.7	5:47	7:56	
3	Thu	4:58	6.6	5:20	5.8			12:04	0.5	5:45	7:57	
4	Fri	5:36	6.5	6:03	5.7	12:05	0.9	12:47	0.6	5:44	7:59	
5	Sat	6:10	6.4	6:47	5.5	12:39	1.1	1:29	0.8	5:43	8:00	
6	Sun	6:39	6.3	7:32	5.3	1:10	1.3	2:11	0.9	5:41	8:01	
7	Mon	6:55	6.2	8:19	5.1	1:38	1.4	2:52	1.1	5:40	8:02	
8	Tue	7:16	6.1	9:07	5.1	2:07	1.5	3:36	1.2	5:39	8:03	
9	Wed	7:53	6.1	9:57	5.0	2:43	1.6	4:21	1.3	5:38	8:04	
10	Thu	8:40	6.0	10:48	5.1	3:30	1.7	5:11	1.3	5:37	8:05	
11	Fri	9:32	5.8	11:40	5.1	4:30	1.8	6:03	1.3	5:36	8:06	
12	Sat	10:34	5.6			5:43	1.8	6:57	1.3	5:34	8:07	
13	Sun	12:33	5.3	11:58 AM	5.5	6:59	1.7	7:50	1.2	5:33	8:08	
14	Mon	1:24	5.6	1:19	5.4	8:07	1.5	8:41	1.0	5:32	8:09	
15	Tue	2:11	5.9	2:19	5.5	9:09	1.2	9:31	0.9	5:31	8:10	
16	Wed	2:55	6.2	3:12	5.6	10:06	0.9	10:20	0.8	5:30	8:12	
17	Thu	3:36	6.5	4:01	5.6	11:01	0.7	11:08	0.7	5:29	8:13	
18	Fri	4:17	6.7	4:50	5.6	11:54	0.5	11:56	0.7	5:28	8:14	
19	Sat	4:59	6.7	5:41	5.5			12:45	0.4	5:28	8:15	
20	Sun	5:45	6.7	6:37	5.4	12:44	0.8	1:37	0.3	5:27	8:16	
21	Mon	6:37	6.5	7:38	5.3	1:35	0.8	2:30	0.3	5:26	8:17	
22	Tue	7:37	6.3	8:41	5.3	2:29	0.9	3:24	0.4	5:25	8:17	
23	Wed	8:44	6.1	9:43	5.4	3:25	1.0	4:19	0.4	5:24	8:18	
24	Thu	9:51	5.9	10:44	5.5	4:24	1.0	5:14	0.5	5:24	8:19	
25	Fri	10:56	5.8	11:43	5.6	5:25	1.0	6:09	0.5	5:23	8:20	
26	Sat	11:57	5.7			6:26	0.9	7:03	0.4	5:22	8:21	
27	Sun	12:40	5.8	12:56	5.6	7:26	0.8	7:55	0.4	5:22	8:22	
28	Mon	1:34	6.0	1:51	5.6	8:23	0.7	8:44	0.4	5:21	8:23	
29	Tue	2:24	6.2	2:42	5.6	9:18	0.5	9:30	0.4	5:20	8:24	
30	Wed	3:11	6.3	3:29	5.6	10:09	0.4	10:13	0.4	5:20	8:25	
31	Thu	3:53	6.4	4:14	5.5	10:56	0.3	10:54	0.6	5:19	8:25	