

































## Albany, NY - Aug 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:43	5.2	2:35	3.9	9:34	0.1	9:21	0.2	5:47	8:15	
2	Fri	2:43	5.3	3:31	4.1	10:30	-0.2	10:22	0.0	5:48	8:14	
3	Sat	3:38	5.5	4:24	4.2	11:23	-0.5	11:18	-0.2	5:49	8:12	
4	Sun	4:31	5.5	5:15	4.4			12:12	-0.7	5:50	8:11	
5	Mon	5:24	5.5	6:08	4.5	12:12	-0.4	1:00	-0.8	5:51	8:10	
6	Tue	6:18	5.5	7:01	4.7	1:05	-0.4	1:48	-0.8	5:52	8:09	
7	Wed	7:14	5.3	7:56	4.8	1:57	-0.5	2:34	-0.8	5:53	8:07	
8	Thu	8:11	5.1	8:52	4.9	2:51	-0.4	3:21	-0.7	5:54	8:06	
9	Fri	9:09	4.9	9:47	5.0	3:46	-0.3	4:09	-0.6	5:55	8:05	
10	Sat	10:06	4.7	10:41	5.0	4:43	-0.1	4:57	-0.4	5:56	8:03	
11	Sun	11:03	4.5	11:36	5.0	5:41	0.0	5:48	-0.3	5:57	8:02	
12	Mon			12:01	4.3	6:40	0.0	6:39	-0.1	5:59	8:00	
13	Tue	12:31	5.0	12:59	4.3	7:39	0.0	7:32	0.0	6:00	7:59	
14	Wed	1:25	5.0	1:54	4.2	8:35	-0.2	8:25	0.1	6:01	7:58	
15	Thu	2:17	5.1	2:47	4.3	9:27	-0.3	9:15	0.1	6:02	7:56	
16	Fri	3:05	5.1	3:36	4.4	10:15	-0.4	10:03	0.1	6:03	7:55	
17	Sat	3:48	5.1	4:21	4.5	11:00	-0.5	10:48	0.1	6:04	7:53	
18	Sun	4:28	5.2	5:03	4.5	11:41	-0.6	11:30	0.0	6:05	7:52	
19	Mon	5:04	5.1	5:43	4.5			12:20	-0.5	6:06	7:50	
20	Tue	5:37	5.0	6:20	4.5	12:10	0.1	12:56	-0.5	6:07	7:49	
21	Wed	6:03	5.0	6:53	4.6	12:50	0.1	1:30	-0.4	6:08	7:47	
22	Thu	6:25	4.9	7:20	4.7	1:29	0.1	2:01	-0.3	6:09	7:45	
23	Fri	6:56	4.8	7:42	4.9	2:11	0.2	2:31	-0.3	6:10	7:44	
24	Sat	7:36	4.7	8:15	5.0	2:55	0.3	3:01	-0.2	6:11	7:42	
25	Sun	8:23	4.5	8:58	5.1	3:46	0.4	3:35	-0.1	6:12	7:41	
26	Mon	9:17	4.2	9:48	5.1	4:48	0.6	4:19	0.1	6:14	7:39	
27	Tue	10:22	4.0	10:48	5.1	5:57	0.6	5:20	0.2	6:15	7:37	
28	Wed	11:53	3.8			7:06	0.6	6:42	0.4	6:16	7:36	
29	Thu	12:04	5.0	1:13	3.8	8:11	0.4	7:58	0.3	6:17	7:34	
30	Fri	1:23	5.0	2:18	4.0	9:12	0.1	9:06	0.1	6:18	7:32	
31	Sat	2:29	5.2	3:15	4.3	10:08	-0.3	10:06	-0.1	6:19	7:31	