

































## Albany, NY - Jan 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:53	4.1	1:07	5.1	7:26	0.4	8:30	0.4	7:24	4:32	
2	Mon	1:44	4.2	1:53	5.3	8:22	0.3	9:23	0.1	7:24	4:32	
3	Tue	2:32	4.4	2:36	5.5	9:16	0.1	10:14	-0.1	7:24	4:33	
4	Wed	3:17	4.5	3:20	5.6	10:09	0.0	11:03	-0.2	7:24	4:34	
5	Thu	4:02	4.6	4:05	5.7	11:00	-0.2	11:50	-0.3	7:24	4:35	
6	Fri	4:48	4.8	4:54	5.7	11:51	-0.3			7:24	4:36	
7	Sat	5:39	4.9	5:49	5.6	12:37	-0.4	12:43	-0.3	7:24	4:37	
8	Sun	6:32	5.0	6:48	5.5	1:24	-0.5	1:36	-0.3	7:24	4:38	
9	Mon	7:29	5.1	7:49	5.4	2:13	-0.5	2:31	-0.3	7:24	4:39	
10	Tue	8:27	5.2	8:50	5.3	3:02	-0.4	3:29	-0.2	7:23	4:40	
11	Wed	9:24	5.2	9:50	5.1	3:54	-0.3	4:29	-0.1	7:23	4:41	
12	Thu	10:22	5.3	10:50	5.0	4:48	-0.3	5:30	-0.1	7:23	4:43	
13	Fri	11:21	5.3	11:49	4.9	5:43	-0.2	6:30	-0.1	7:22	4:44	
14	Sat			12:18	5.3	6:38	-0.1	7:29	-0.1	7:22	4:45	
15	Sun	12:47	4.9	1:13	5.3	7:33	-0.1	8:25	-0.2	7:22	4:46	
16	Mon	1:41	4.9	2:04	5.4	8:26	-0.1	9:17	-0.3	7:21	4:47	
17	Tue	2:32	5.0	2:51	5.4	9:16	-0.1	10:05	-0.4	7:21	4:48	
18	Wed	3:19	5.0	3:35	5.3	10:03	0.0	10:50	-0.3	7:20	4:50	
19	Thu	4:05	5.0	4:16	5.3	10:47	0.0	11:32	-0.2	7:19	4:51	
20	Fri	4:49	4.9	4:56	5.2	11:29	0.2			7:19	4:52	
21	Sat	5:32	4.8	5:34	5.0	12:12	-0.1	12:08	0.3	7:18	4:53	
22	Sun	6:14	4.8	6:11	4.9	12:49	0.0	12:47	0.4	7:17	4:55	
23	Mon	6:54	4.8	6:44	4.8	1:24	0.1	1:27	0.5	7:17	4:56	
24	Tue	7:32	4.8	7:14	4.7	1:56	0.2	2:08	0.6	7:16	4:57	
25	Wed	8:05	4.9	7:49	4.5	2:27	0.3	2:55	0.7	7:15	4:58	
26	Thu	8:31	4.9	8:38	4.4	3:00	0.4	3:51	0.8	7:14	5:00	
27	Fri	9:07	5.0	9:52	4.2	3:41	0.5	4:55	0.9	7:13	5:01	
28	Sat	10:00	5.0	11:11	4.1	4:35	0.6	6:00	0.8	7:12	5:02	
29	Sun	11:11	5.0			5:42	0.6	7:03	0.7	7:11	5:04	
30	Mon	12:16	4.1	12:20	5.1	6:51	0.6	8:02	0.5	7:10	5:05	
31	Tue	1:13	4.3	1:20	5.3	7:55	0.4	8:57	0.2	7:09	5:06	