

































Albany, NY - Mar 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:54	5.5	11:33	5.3	5:18	0.4	6:13	0.3	6:29	5:45	
2	Sat	11:56	5.5			6:18	0.4	7:10	0.2	6:27	5:46	
3	Sun	12:31	5.4	12:55	5.5	7:17	0.4	8:05	0.1	6:25	5:47	
4	Mon	1:26	5.6	1:49	5.6	8:12	0.3	8:56	0.0	6:24	5:48	
5	Tue	2:17	5.7	2:37	5.7	9:04	0.2	9:43	0.0	6:22	5:50	
6	Wed	3:04	5.8	3:22	5.7	9:53	0.2	10:26	0.0	6:20	5:51	
7	Thu	3:48	5.9	4:04	5.7	10:38	0.2	11:07	0.1	6:19	5:52	
8	Fri	4:29	5.9	4:44	5.6	11:21	0.3	11:44	0.3	6:17	5:53	
9	Sat	5:09	5.8	5:25	5.4			12:02	0.5	6:15	5:54	
10	Sun	6:46	5.7	7:05	5.3	12:19	0.5	1:43	0.6	7:13	6:56	
11	Mon	7:20	5.7	7:46	5.1	1:51	0.7	2:23	0.8	7:12	6:57	
12	Tue	7:45	5.7	8:27	5.0	2:20	0.9	3:04	0.9	7:10	6:58	
13	Wed	8:00	5.7	9:11	4.9	2:47	1.0	3:49	1.0	7:08	6:59	
14	Thu	8:33	5.7	10:02	4.8	3:21	1.1	4:40	1.2	7:07	7:00	
15	Fri	9:19	5.7	11:02	4.7	4:08	1.2	5:38	1.2	7:05	7:01	
16	Sat	10:14	5.6			5:10	1.3	6:38	1.2	7:03	7:03	
17	Sun	12:03	4.8	11:27 AM	5.5	6:26	1.3	7:38	1.2	7:01	7:04	
18	Mon	1:02	4.9	12:57	5.5	7:38	1.2	8:34	1.0	7:00	7:05	
19	Tue	1:56	5.2	2:02	5.6	8:42	1.0	9:27	0.8	6:58	7:06	
20	Wed	2:46	5.5	2:56	5.8	9:42	0.7	10:17	0.6	6:56	7:07	
21	Thu	3:31	5.8	3:46	6.0	10:37	0.5	11:05	0.4	6:54	7:08	
22	Fri	4:14	6.1	4:35	6.0	11:30	0.2	11:52	0.3	6:53	7:10	
23	Sat	4:57	6.3	5:24	6.0			12:22	0.1	6:51	7:11	
24	Sun	5:41	6.4	6:16	6.0	12:38	0.3	1:13	0.1	6:49	7:12	
25	Mon	6:29	6.4	7:12	5.8	1:25	0.4	2:06	0.1	6:47	7:13	
26	Tue	7:23	6.3	8:12	5.7	2:13	0.5	3:00	0.2	6:46	7:14	
27	Wed	8:22	6.1	9:13	5.6	3:04	0.6	3:55	0.4	6:44	7:15	
28	Thu	9:25	6.0	10:14	5.6	3:59	0.8	4:53	0.5	6:42	7:17	
29	Fri	10:29	5.8	11:14	5.6	4:56	0.9	5:51	0.6	6:40	7:18	
30	Sat	11:33	5.7			5:56	1.0	6:48	0.6	6:39	7:19	
31	Sun	12:14	5.7	12:34	5.7	6:56	1.0	7:44	0.6	6:37	7:20	