

































## Albany, NY - Jul 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:52	5.6	3:22	4.4	9:57	0.3	9:46	0.5	5:21	8:36	
2	Tue	3:32	5.7	4:06	4.5	10:44	0.1	10:32	0.4	5:22	8:36	
3	Wed	4:09	5.7	4:48	4.5	11:29	-0.1	11:17	0.3	5:22	8:36	
4	Thu	4:42	5.7	5:26	4.5			12:12	-0.2	5:23	8:36	
5	Fri	5:11	5.7	6:04	4.6	12:02	0.3	12:54	-0.3	5:23	8:35	
6	Sat	5:41	5.7	6:41	4.7	12:47	0.2	1:35	-0.3	5:24	8:35	
7	Sun	6:19	5.7	7:20	4.8	1:34	0.2	2:17	-0.3	5:25	8:35	
8	Mon	7:06	5.6	8:05	5.0	2:23	0.2	2:59	-0.3	5:25	8:34	
9	Tue	7:59	5.5	8:56	5.1	3:15	0.3	3:44	-0.3	5:26	8:34	
10	Wed	9:00	5.2	9:52	5.2	4:13	0.3	4:33	-0.2	5:27	8:33	
11	Thu	10:09	5.0	10:53	5.3	5:15	0.4	5:26	-0.2	5:28	8:33	
12	Fri	11:20	4.8	11:55	5.3	6:19	0.3	6:24	-0.1	5:29	8:32	
13	Sat			12:28	4.7	7:23	0.2	7:24	-0.1	5:29	8:32	
14	Sun	12:58	5.4	1:32	4.6	8:25	0.0	8:24	-0.1	5:30	8:31	
15	Mon	1:57	5.5	2:32	4.7	9:24	-0.3	9:22	-0.2	5:31	8:30	
16	Tue	2:53	5.6	3:27	4.8	10:19	-0.5	10:18	-0.3	5:32	8:30	
17	Wed	3:45	5.6	4:19	4.9	11:11	-0.7	11:10	-0.3	5:33	8:29	
18	Thu	4:33	5.6	5:09	4.9			12:00	-0.8	5:34	8:28	
19	Fri	5:21	5.5	5:58	4.9	12:00	-0.3	12:47	-0.8	5:35	8:27	
20	Sat	6:07	5.4	6:48	4.9	12:48	-0.2	1:31	-0.7	5:35	8:27	
21	Sun	6:55	5.2	7:38	4.8	1:34	0.0	2:14	-0.5	5:36	8:26	
22	Mon	7:44	4.9	8:27	4.8	2:21	0.2	2:55	-0.4	5:37	8:25	
23	Tue	8:34	4.7	9:16	4.8	3:08	0.4	3:36	-0.2	5:38	8:24	
24	Wed	9:25	4.5	10:05	4.8	3:56	0.5	4:16	0.0	5:39	8:23	
25	Thu	10:18	4.3	10:53	4.8	4:48	0.6	4:57	0.2	5:40	8:22	
26	Fri	11:13	4.1	11:43	4.8	5:43	0.7	5:41	0.3	5:41	8:21	
27	Sat			12:10	3.9	6:40	0.7	6:30	0.4	5:42	8:20	
28	Sun	12:35	4.8	1:07	3.8	7:38	0.5	7:24	0.4	5:43	8:19	
29	Mon	1:26	4.9	2:01	3.9	8:33	0.3	8:19	0.4	5:44	8:18	
30	Tue	2:15	5.0	2:51	4.0	9:26	0.1	9:14	0.3	5:45	8:17	
31	Wed	2:59	5.1	3:37	4.1	10:15	-0.1	10:05	0.1	5:46	8:16	