

































Albany, NY - Jan 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:36	4.9	7:51	5.1	2:12	-0.4	2:20	0.1	7:24	4:32	
2	Thu	8:30	5.0	8:46	5.0	3:00	-0.2	3:12	0.2	7:24	4:33	
3	Fri	9:23	5.0	9:40	4.8	3:47	-0.1	4:06	0.4	7:24	4:34	
4	Sat	10:15	5.0	10:35	4.7	4:34	0.0	5:01	0.5	7:24	4:35	
5	Sun	11:07	5.0	11:30	4.6	5:22	0.1	5:57	0.5	7:24	4:36	
6	Mon	11:59	5.1			6:11	0.2	6:52	0.4	7:24	4:37	
7	Tue	12:24	4.5	12:49	5.1	6:59	0.3	7:46	0.3	7:24	4:38	
8	Wed	1:16	4.5	1:36	5.2	7:47	0.2	8:36	0.2	7:24	4:39	
9	Thu	2:04	4.6	2:20	5.3	8:34	0.2	9:24	0.0	7:24	4:40	
10	Fri	2:49	4.6	3:00	5.4	9:19	0.1	10:09	-0.1	7:23	4:41	
11	Sat	3:31	4.6	3:36	5.4	10:04	0.1	10:52	-0.1	7:23	4:42	
12	Sun	4:10	4.6	4:08	5.4	10:47	0.0	11:34	-0.1	7:23	4:43	
13	Mon	4:47	4.6	4:35	5.4	11:31	0.0			7:22	4:44	
14	Tue	5:20	4.7	5:06	5.4	12:15	-0.1	12:15	0.0	7:22	4:45	
15	Wed	5:51	4.8	5:46	5.4	12:55	-0.1	1:00	0.0	7:21	4:47	
16	Thu	6:26	4.9	6:34	5.4	1:36	-0.1	1:49	0.1	7:21	4:48	
17	Fri	7:11	5.1	7:29	5.2	2:18	-0.1	2:43	0.2	7:20	4:49	
18	Sat	8:03	5.1	8:33	5.1	3:04	-0.1	3:42	0.3	7:20	4:50	
19	Sun	9:03	5.2	9:45	4.9	3:55	0.0	4:45	0.3	7:19	4:51	
20	Mon	10:10	5.2	10:56	4.8	4:53	0.1	5:50	0.3	7:18	4:53	
21	Tue	11:19	5.2			5:55	0.1	6:53	0.2	7:18	4:54	
22	Wed	12:02	4.8	12:24	5.3	6:57	0.0	7:54	0.0	7:17	4:55	
23	Thu	1:03	4.9	1:24	5.4	7:57	-0.1	8:52	-0.2	7:16	4:56	
24	Fri	2:00	5.0	2:19	5.5	8:54	-0.2	9:46	-0.4	7:15	4:58	
25	Sat	2:53	5.1	3:11	5.6	9:48	-0.4	10:36	-0.6	7:15	4:59	
26	Sun	3:44	5.2	4:01	5.6	10:40	-0.4	11:25	-0.6	7:14	5:00	
27	Mon	4:34	5.2	4:50	5.5	11:29	-0.4			7:13	5:02	
28	Tue	5:23	5.2	5:39	5.4	12:11	-0.5	12:18	-0.2	7:12	5:03	
29	Wed	6:13	5.2	6:29	5.2	12:56	-0.4	1:05	-0.1	7:11	5:04	
30	Thu	7:04	5.1	7:21	5.1	1:39	-0.2	1:53	0.1	7:10	5:06	
31	Fri	7:54	5.1	8:13	4.9	2:22	0.0	2:41	0.3	7:09	5:07	