

































Albany, NY - Mar 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:14	5.5	7:40	5.1	1:42	0.5	2:10	0.6	6:29	5:44	
2	Sun	7:59	5.4	8:31	4.9	2:19	0.7	2:57	0.8	6:27	5:46	
3	Mon	8:44	5.3	9:24	4.8	2:57	0.9	3:47	1.0	6:26	5:47	
4	Tue	9:32	5.2	10:18	4.7	3:38	1.1	4:40	1.1	6:24	5:48	
5	Wed	10:25	5.2	11:14	4.7	4:28	1.2	5:36	1.1	6:22	5:49	
6	Thu	11:20	5.2			5:27	1.2	6:32	1.1	6:21	5:50	
7	Fri	12:09	4.7	12:16	5.2	6:28	1.2	7:26	0.9	6:19	5:52	
8	Sat	1:01	4.9	1:09	5.3	7:27	1.0	8:17	0.8	6:17	5:53	
9	Sun	1:49	5.1	2:56	5.5	9:23	0.8	10:05	0.6	7:16	6:54	
10	Mon	3:31	5.3	3:39	5.6	10:16	0.6	10:51	0.5	7:14	6:55	
11	Tue	4:10	5.5	4:19	5.7	11:06	0.4	11:34	0.4	7:12	6:56	
12	Wed	4:45	5.7	4:58	5.8	11:55	0.3			7:10	6:58	
13	Thu	5:19	5.9	5:40	5.8	12:17	0.3	12:44	0.2	7:09	6:59	
14	Fri	5:55	6.0	6:27	5.7	1:00	0.3	1:33	0.2	7:07	7:00	
15	Sat	6:36	6.1	7:21	5.7	1:44	0.4	2:24	0.3	7:05	7:01	
16	Sun	7:24	6.1	8:21	5.6	2:30	0.4	3:18	0.3	7:03	7:02	
17	Mon	8:22	6.0	9:25	5.5	3:20	0.5	4:15	0.5	7:02	7:04	
18	Tue	9:29	5.9	10:29	5.5	4:16	0.6	5:14	0.5	7:00	7:05	
19	Wed	10:39	5.8	11:32	5.5	5:16	0.7	6:14	0.5	6:58	7:06	
20	Thu	11:49	5.7			6:19	0.7	7:14	0.5	6:56	7:07	
21	Fri	12:34	5.6	12:54	5.7	7:21	0.7	8:11	0.4	6:55	7:08	
22	Sat	1:33	5.8	1:55	5.8	8:22	0.5	9:06	0.2	6:53	7:09	
23	Sun	2:28	6.0	2:49	5.9	9:19	0.4	9:57	0.1	6:51	7:10	
24	Mon	3:19	6.2	3:39	6.0	10:12	0.2	10:45	0.1	6:49	7:12	
25	Tue	4:06	6.3	4:25	6.0	11:02	0.2	11:29	0.2	6:48	7:13	
26	Wed	4:50	6.4	5:09	5.9	11:49	0.2			6:46	7:14	
27	Thu	5:32	6.3	5:52	5.8	12:11	0.3	12:33	0.4	6:44	7:15	
28	Fri	6:13	6.2	6:36	5.6	12:50	0.5	1:17	0.6	6:42	7:16	
29	Sat	6:52	6.1	7:21	5.5	1:27	0.8	1:59	0.7	6:41	7:17	
30	Sun	7:30	6.0	8:08	5.3	2:01	1.0	2:41	0.9	6:39	7:19	
31	Mon	8:05	5.9	8:57	5.2	2:33	1.2	3:24	1.1	6:37	7:20	