

































## Albany, NY - Jul 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:01	5.0	10:54	5.3	5:30	0.8	5:35	0.2	5:21	8:36	
2	Wed	11:18	4.8			6:38	0.8	6:36	0.3	5:21	8:36	
3	Thu	12:01	5.4	12:39	4.6	7:44	0.6	7:39	0.3	5:22	8:36	
4	Fri	1:07	5.5	1:47	4.6	8:46	0.4	8:41	0.2	5:23	8:36	
5	Sat	2:07	5.6	2:47	4.7	9:45	0.0	9:41	0.1	5:23	8:35	
6	Sun	3:02	5.8	3:43	4.8	10:41	-0.3	10:37	-0.1	5:24	8:35	
7	Mon	3:55	5.9	4:36	4.9	11:33	-0.5	11:31	-0.2	5:25	8:35	
8	Tue	4:45	5.9	5:28	5.0			12:24	-0.7	5:25	8:34	
9	Wed	5:37	5.8	6:21	5.0	12:23	-0.2	1:13	-0.7	5:26	8:34	
10	Thu	6:30	5.6	7:16	5.0	1:15	-0.2	2:01	-0.7	5:27	8:33	
11	Fri	7:25	5.4	8:11	5.1	2:06	-0.1	2:48	-0.6	5:28	8:33	
12	Sat	8:22	5.2	9:06	5.1	2:58	0.0	3:36	-0.5	5:28	8:32	
13	Sun	9:18	5.0	10:00	5.1	3:52	0.2	4:23	-0.4	5:29	8:32	
14	Mon	10:14	4.8	10:53	5.2	4:47	0.3	5:11	-0.2	5:30	8:31	
15	Tue	11:10	4.6	11:46	5.2	5:43	0.4	6:00	-0.1	5:31	8:30	
16	Wed			12:06	4.5	6:40	0.4	6:49	0.1	5:32	8:30	
17	Thu	12:38	5.2	1:02	4.4	7:36	0.3	7:39	0.2	5:33	8:29	
18	Fri	1:30	5.2	1:57	4.3	8:30	0.2	8:28	0.2	5:33	8:28	
19	Sat	2:19	5.3	2:48	4.4	9:22	0.0	9:17	0.2	5:34	8:28	
20	Sun	3:05	5.4	3:36	4.4	10:10	-0.2	10:03	0.1	5:35	8:27	
21	Mon	3:46	5.4	4:20	4.4	10:55	-0.3	10:48	0.1	5:36	8:26	
22	Tue	4:25	5.4	5:01	4.5	11:37	-0.4	11:31	0.1	5:37	8:25	
23	Wed	4:59	5.4	5:39	4.5			12:18	-0.4	5:38	8:24	
24	Thu	5:29	5.4	6:15	4.5	12:13	0.0	12:57	-0.5	5:39	8:23	
25	Fri	5:54	5.3	6:46	4.6	12:56	0.0	1:34	-0.5	5:40	8:22	
26	Sat	6:24	5.3	7:14	4.7	1:40	0.1	2:12	-0.4	5:41	8:21	
27	Sun	7:04	5.2	7:47	4.9	2:25	0.1	2:49	-0.4	5:42	8:20	
28	Mon	7:52	5.1	8:30	5.0	3:15	0.2	3:29	-0.4	5:43	8:19	
29	Tue	8:47	4.9	9:22	5.1	4:11	0.3	4:14	-0.3	5:44	8:18	
30	Wed	9:51	4.6	10:22	5.1	5:14	0.3	5:07	-0.2	5:45	8:17	
31	Thu	11:09	4.4	11:33	5.1	6:19	0.3	6:10	-0.1	5:46	8:16	