

































## Albany, NY - Mar 2072

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:07	5.1	1:16	5.6	7:57	0.5	8:53	0.3	6:28	5:45	
2	Wed	2:01	5.3	2:14	5.8	8:56	0.3	9:45	0.0	6:26	5:46	
3	Thu	2:52	5.6	3:07	6.0	9:52	0.0	10:35	-0.1	6:25	5:47	
4	Fri	3:41	5.8	3:58	6.0	10:46	-0.2	11:23	-0.2	6:23	5:49	
5	Sat	4:30	5.9	4:50	6.0	11:37	-0.2			6:21	5:50	
6	Sun	5:20	6.0	5:43	5.9	12:10	-0.2	12:29	-0.2	6:20	5:51	
7	Mon	6:11	6.0	6:39	5.7	12:56	-0.1	1:20	-0.1	6:18	5:52	
8	Tue	7:04	5.9	7:36	5.6	1:43	0.1	2:13	0.1	6:16	5:53	
9	Wed	7:59	5.8	8:33	5.4	2:31	0.3	3:07	0.3	6:15	5:55	
10	Thu	8:54	5.7	9:30	5.3	3:21	0.5	4:02	0.5	6:13	5:56	
11	Fri	9:50	5.6	10:28	5.2	4:13	0.7	4:59	0.7	6:11	5:57	
12	Sat	10:47	5.5	11:25	5.2	5:07	0.9	5:55	0.7	6:10	5:58	
13	Sun			12:44	5.5	7:02	1.0	7:50	0.7	7:08	6:59	
14	Mon	1:21	5.3	1:39	5.5	7:57	1.0	8:42	0.6	7:06	7:01	
15	Tue	2:14	5.4	2:30	5.6	8:49	0.9	9:30	0.6	7:04	7:02	
16	Wed	3:02	5.6	3:17	5.7	9:39	0.8	10:15	0.5	7:03	7:03	
17	Thu	3:47	5.7	4:00	5.8	10:26	0.7	10:57	0.5	7:01	7:04	
18	Fri	4:28	5.8	4:40	5.8	11:11	0.6	11:36	0.5	6:59	7:05	
19	Sat	5:05	5.8	5:17	5.7	11:54	0.6			6:57	7:06	
20	Sun	5:38	5.8	5:51	5.6	12:12	0.6	12:36	0.6	6:56	7:08	
21	Mon	6:03	5.9	6:22	5.5	12:47	0.6	1:18	0.6	6:54	7:09	
22	Tue	6:16	6.0	6:52	5.5	1:20	0.7	2:01	0.7	6:52	7:10	
23	Wed	6:42	6.1	7:29	5.4	1:53	0.8	2:47	0.8	6:50	7:11	
24	Thu	7:22	6.2	8:17	5.4	2:29	0.9	3:36	0.9	6:49	7:12	
25	Fri	8:09	6.2	9:19	5.3	3:11	1.0	4:31	1.0	6:47	7:13	
26	Sat	9:02	6.1	10:31	5.2	4:04	1.1	5:31	1.1	6:45	7:15	
27	Sun	10:03	6.0	11:42	5.3	5:12	1.2	6:33	1.1	6:43	7:16	
28	Mon	11:23	5.8			6:26	1.2	7:33	1.0	6:42	7:17	
29	Tue	12:47	5.4	12:51	5.8	7:36	1.1	8:32	0.8	6:40	7:18	
30	Wed	1:47	5.7	2:00	5.9	8:40	0.8	9:27	0.5	6:38	7:19	
31	Thu	2:42	6.0	2:58	6.1	9:39	0.5	10:19	0.3	6:36	7:20	