

Albany, NY - Mar 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:28	4.7	12:40	5.6	7:18	0.8	8:19	0.5	6:28	5:45	
2	Mon	1:29	4.9	1:43	5.7	8:21	0.5	9:14	0.3	6:26	5:46	
3	Tue	2:24	5.2	2:40	5.9	9:19	0.2	10:05	0.1	6:25	5:47	
4	Wed	3:14	5.5	3:32	6.0	10:14	0.0	10:54	-0.1	6:23	5:49	
5	Thu	4:03	5.6	4:23	6.0	11:06	-0.1	11:41	-0.1	6:21	5:50	
6	Fri	4:52	5.7	5:14	6.0	11:57	-0.1			6:20	5:51	
7	Sat	5:41	5.8	6:06	5.8	12:26	0.0	12:47	0.0	6:18	5:52	
8	Sun	7:31	5.8	7:59	5.6	1:10	0.2	2:37	0.1	7:16	6:54	
9	Mon	8:23	5.7	8:54	5.5	2:54	0.4	3:29	0.4	7:15	6:55	
10	Tue	9:14	5.6	9:49	5.3	3:39	0.6	4:23	0.6	7:13	6:56	
11	Wed	10:07	5.5	10:45	5.2	4:25	0.8	5:18	0.8	7:11	6:57	
12	Thu	11:01	5.4	11:41	5.1	5:14	1.1	6:14	0.9	7:09	6:58	
13	Fri	11:58	5.3			6:07	1.2	7:10	0.9	7:08	6:59	
14	Sat	12:38	5.0	12:54	5.3	7:02	1.3	8:05	0.9	7:06	7:01	
15	Sun	1:34	5.1	1:49	5.4	7:57	1.3	8:56	0.8	7:04	7:02	
16	Mon	2:26	5.2	2:39	5.5	8:50	1.2	9:44	0.7	7:03	7:03	
17	Tue	3:13	5.4	3:25	5.6	9:40	1.0	10:28	0.6	7:01	7:04	
18	Wed	3:57	5.5	4:06	5.6	10:28	0.9	11:09	0.6	6:59	7:05	
19	Thu	4:36	5.6	4:42	5.6	11:13	0.8	11:47	0.6	6:57	7:06	
20	Fri	5:12	5.7	5:15	5.6	11:56	0.7			6:56	7:08	
21	Sat	5:42	5.8	5:45	5.6	12:24	0.6	12:40	0.7	6:54	7:09	
22	Sun	6:07	5.9	6:13	5.5	12:59	0.7	1:23	0.7	6:52	7:10	
23	Mon	6:29	6.1	6:49	5.4	1:33	0.8	2:08	0.8	6:50	7:11	
24	Tue	7:03	6.2	7:35	5.3	2:08	0.9	2:57	0.9	6:49	7:12	
25	Wed	7:46	6.3	8:31	5.2	2:47	1.0	3:50	1.0	6:47	7:13	
26	Thu	8:36	6.2	9:40	5.1	3:34	1.1	4:50	1.1	6:45	7:15	
27	Fri	9:35	6.1	10:58	5.0	4:34	1.2	5:53	1.2	6:43	7:16	
28	Sat	10:49	5.9			5:46	1.3	6:57	1.1	6:42	7:17	
29	Sun	12:09	5.1	12:15	5.8	6:57	1.2	7:58	1.0	6:40	7:18	
30	Mon	1:14	5.3	1:28	5.9	8:04	1.0	8:55	0.7	6:38	7:19	
31	Tue	2:13	5.6	2:30	6.0	9:06	0.7	9:49	0.5	6:36	7:20	