

Albany, NY - Jan 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:20	4.5	6:27	5.0	1:06	-0.1	12:57	0.4	7:24	4:32	
2	Sun	7:13	4.5	7:19	4.9	1:52	0.1	1:43	0.5	7:24	4:33	
3	Mon	8:05	4.5	8:11	4.7	2:36	0.2	2:31	0.7	7:24	4:34	
4	Tue	8:56	4.5	9:03	4.6	3:19	0.3	3:21	0.8	7:24	4:35	
5	Wed	9:46	4.6	9:56	4.5	4:02	0.3	4:15	0.9	7:24	4:36	
6	Thu	10:36	4.7	10:51	4.3	4:45	0.4	5:12	0.9	7:24	4:37	
7	Fri	11:25	4.8	11:46	4.2	5:29	0.5	6:11	0.9	7:24	4:38	
8	Sat			12:14	4.9	6:15	0.5	7:09	0.7	7:24	4:39	
9	Sun	12:40	4.1	1:01	5.0	7:03	0.5	8:04	0.5	7:24	4:40	
10	Mon	1:31	4.1	1:45	5.2	7:52	0.5	8:57	0.3	7:23	4:41	
11	Tue	2:19	4.1	2:25	5.3	8:41	0.4	9:46	0.2	7:23	4:42	
12	Wed	3:02	4.2	3:02	5.4	9:30	0.3	10:33	0.0	7:23	4:43	
13	Thu	3:43	4.2	3:37	5.5	10:18	0.2	11:18	-0.1	7:22	4:44	
14	Fri	4:23	4.3	4:14	5.6	11:05	0.1			7:22	4:45	
15	Sat	5:03	4.4	4:56	5.6	12:03	-0.1	11:53 AM	0.0	7:21	4:47	
16	Sun	5:45	4.6	5:44	5.6	12:46	-0.1	12:42	0.0	7:21	4:48	
17	Mon	6:32	4.7	6:39	5.5	1:30	-0.2	1:33	0.0	7:20	4:49	
18	Tue	7:24	4.9	7:38	5.4	2:16	-0.2	2:27	0.0	7:20	4:50	
19	Wed	8:18	5.0	8:40	5.2	3:02	-0.1	3:26	0.1	7:19	4:52	
20	Thu	9:15	5.1	9:43	5.0	3:52	-0.1	4:28	0.2	7:18	4:53	
21	Fri	10:14	5.2	10:47	4.8	4:45	0.0	5:33	0.2	7:18	4:54	
22	Sat	11:15	5.2	11:50	4.7	5:42	0.1	6:37	0.2	7:17	4:55	
23	Sun			12:16	5.3	6:40	0.1	7:38	0.1	7:16	4:57	
24	Mon	12:51	4.7	1:14	5.3	7:38	0.1	8:37	-0.1	7:15	4:58	
25	Tue	1:48	4.8	2:08	5.4	8:34	0.0	9:32	-0.2	7:14	4:59	
26	Wed	2:41	4.8	2:59	5.4	9:28	0.0	10:23	-0.3	7:14	5:00	
27	Thu	3:31	4.9	3:46	5.4	10:18	0.0	11:10	-0.2	7:13	5:02	
28	Fri	4:19	4.9	4:32	5.3	11:06	0.1	11:55	-0.2	7:12	5:03	
29	Sat	5:07	4.8	5:17	5.2	11:51	0.2			7:11	5:04	
30	Sun	5:54	4.8	6:02	5.0	12:37	0.0	12:34	0.4	7:10	5:06	
31	Mon	6:41	4.7	6:48	4.9	1:17	0.1	1:17	0.5	7:09	5:07	