

Albany, NY - Mar 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:06	5.3	6:17	5.1	12:39	0.4	12:51	0.7	6:29	5:44	
2	Wed	6:44	5.3	6:58	5.0	1:11	0.6	1:32	0.8	6:27	5:46	
3	Thu	7:19	5.3	7:41	4.8	1:40	0.8	2:14	1.0	6:26	5:47	
4	Fri	7:48	5.4	8:28	4.6	2:06	0.9	3:00	1.1	6:24	5:48	
5	Sat	8:11	5.4	9:22	4.4	2:35	1.0	3:54	1.2	6:22	5:49	
6	Sun	8:48	5.4	10:22	4.3	3:15	1.1	4:55	1.3	6:21	5:51	
7	Mon	9:41	5.3	11:24	4.3	4:11	1.3	5:57	1.3	6:19	5:52	
8	Tue	10:57	5.3			5:24	1.3	6:58	1.2	6:17	5:53	
9	Wed	12:23	4.4	12:15	5.4	6:39	1.3	7:54	1.0	6:15	5:54	
10	Thu	1:17	4.6	1:16	5.5	7:45	1.1	8:47	0.8	6:14	5:55	
11	Fri	2:05	4.9	2:09	5.7	8:45	0.8	9:35	0.6	6:12	5:57	
12	Sat	2:49	5.2	2:57	5.9	9:40	0.5	10:21	0.4	6:10	5:58	
13	Sun	4:30	5.5	4:43	6.0	11:32	0.3			7:09	6:59	
14	Mon	5:11	5.8	5:30	6.0	12:06	0.3	12:23	0.2	7:07	7:00	
15	Tue	5:53	6.0	6:19	5.9	12:49	0.3	1:14	0.1	7:05	7:01	
16	Wed	6:38	6.1	7:13	5.8	1:33	0.3	2:06	0.2	7:03	7:02	
17	Thu	7:28	6.1	8:11	5.6	2:18	0.4	3:00	0.3	7:02	7:04	
18	Fri	8:23	6.0	9:13	5.4	3:06	0.6	3:57	0.5	7:00	7:05	
19	Sat	9:23	5.9	10:15	5.3	3:58	0.8	4:57	0.6	6:58	7:06	
20	Sun	10:27	5.7	11:18	5.2	4:55	0.9	5:58	0.7	6:56	7:07	
21	Mon	11:34	5.6			5:56	1.0	6:59	0.7	6:55	7:08	
22	Tue	12:20	5.3	12:40	5.5	6:59	1.1	7:58	0.7	6:53	7:09	
23	Wed	1:20	5.4	1:42	5.6	8:00	1.0	8:53	0.6	6:51	7:11	
24	Thu	2:16	5.6	2:38	5.7	8:57	0.9	9:44	0.5	6:49	7:12	
25	Fri	3:07	5.8	3:27	5.7	9:50	0.7	10:30	0.4	6:48	7:13	
26	Sat	3:54	6.0	4:11	5.8	10:39	0.7	11:12	0.4	6:46	7:14	
27	Sun	4:37	6.1	4:52	5.8	11:24	0.7	11:51	0.5	6:44	7:15	
28	Mon	5:17	6.1	5:32	5.7			12:07	0.7	6:42	7:16	
29	Tue	5:55	6.1	6:10	5.5	12:27	0.7	12:48	0.8	6:41	7:17	
30	Wed	6:29	6.0	6:49	5.3	12:59	0.9	1:28	0.9	6:39	7:19	
31	Thu	6:58	6.0	7:27	5.1	1:28	1.1	2:08	1.0	6:37	7:20	