

Albany, NY - Jan 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:43	5.1	8:01	5.3	2:23	-0.6	2:33	-0.3	7:24	4:32	
2	Sun	8:40	5.2	9:00	5.2	3:14	-0.5	3:30	-0.2	7:24	4:33	
3	Mon	9:36	5.2	9:58	5.1	4:05	-0.4	4:28	-0.1	7:24	4:34	
4	Tue	10:32	5.3	10:55	5.0	4:57	-0.3	5:26	0.0	7:24	4:35	
5	Wed	11:27	5.3	11:51	4.9	5:49	-0.3	6:24	0.0	7:24	4:36	
6	Thu			12:21	5.4	6:41	-0.2	7:20	0.0	7:24	4:37	
7	Fri	12:46	4.9	1:12	5.4	7:31	-0.1	8:14	-0.1	7:24	4:38	
8	Sat	1:38	4.9	2:00	5.5	8:20	-0.1	9:04	-0.2	7:24	4:39	
9	Sun	2:26	4.9	2:44	5.5	9:07	-0.1	9:51	-0.2	7:23	4:40	
10	Mon	3:12	4.9	3:26	5.5	9:51	0.0	10:35	-0.2	7:23	4:41	
11	Tue	3:55	4.8	4:04	5.4	10:32	0.1	11:16	-0.2	7:23	4:42	
12	Wed	4:37	4.7	4:40	5.3	11:12	0.1	11:55	-0.1	7:22	4:44	
13	Thu	5:16	4.7	5:12	5.2	11:51	0.2			7:22	4:45	
14	Fri	5:54	4.6	5:36	5.2	12:32	0.0	12:30	0.2	7:22	4:46	
15	Sat	6:26	4.6	6:01	5.2	1:08	0.0	1:11	0.3	7:21	4:47	
16	Sun	6:47	4.7	6:39	5.1	1:42	0.1	1:54	0.4	7:21	4:48	
17	Mon	7:12	4.9	7:25	5.0	2:17	0.1	2:42	0.5	7:20	4:49	
18	Tue	7:54	5.0	8:19	4.8	2:54	0.2	3:40	0.6	7:19	4:51	
19	Wed	8:43	5.1	9:23	4.7	3:39	0.2	4:45	0.7	7:19	4:52	
20	Thu	9:41	5.1	10:45	4.5	4:35	0.3	5:52	0.7	7:18	4:53	
21	Fri	10:53	5.1	11:59	4.5	5:42	0.3	6:57	0.5	7:17	4:54	
22	Sat			12:09	5.2	6:50	0.3	7:58	0.3	7:17	4:56	
23	Sun	1:03	4.6	1:14	5.3	7:54	0.2	8:56	0.0	7:16	4:57	
24	Mon	2:00	4.8	2:11	5.5	8:54	0.0	9:50	-0.3	7:15	4:58	
25	Tue	2:53	5.0	3:05	5.7	9:50	-0.2	10:41	-0.5	7:14	5:00	
26	Wed	3:44	5.1	3:57	5.7	10:44	-0.4	11:31	-0.6	7:13	5:01	
27	Thu	4:35	5.2	4:50	5.7	11:36	-0.5			7:12	5:02	
28	Fri	5:27	5.3	5:44	5.6	12:19	-0.6	12:27	-0.5	7:11	5:03	
29	Sat	6:21	5.3	6:41	5.5	1:07	-0.6	1:19	-0.4	7:10	5:05	
30	Sun	7:16	5.3	7:38	5.3	1:55	-0.5	2:12	-0.2	7:09	5:06	
31	Mon	8:11	5.3	8:35	5.2	2:43	-0.3	3:06	-0.1	7:08	5:07	