

Albany, NY - Jul 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:19	5.8	8:30	5.1	2:26	0.2	3:16	-0.4	5:21	8:36	
2	Sun	8:23	5.6	9:27	5.3	3:22	0.2	4:06	-0.4	5:22	8:36	
3	Mon	9:31	5.4	10:25	5.4	4:21	0.2	4:58	-0.4	5:22	8:36	
4	Tue	10:37	5.2	11:22	5.5	5:22	0.2	5:51	-0.3	5:23	8:36	
5	Wed	11:41	5.0			6:24	0.2	6:46	-0.3	5:23	8:35	
6	Thu	12:20	5.6	12:43	4.9	7:26	0.0	7:42	-0.3	5:24	8:35	
7	Fri	1:17	5.7	1:43	4.9	8:26	-0.1	8:37	-0.3	5:25	8:35	
8	Sat	2:11	5.8	2:39	4.9	9:23	-0.3	9:30	-0.3	5:26	8:34	
9	Sun	3:02	5.9	3:31	4.9	10:17	-0.5	10:20	-0.3	5:26	8:34	
10	Mon	3:50	5.9	4:20	4.9	11:07	-0.6	11:09	-0.2	5:27	8:33	
11	Tue	4:35	5.8	5:07	4.9	11:54	-0.6	11:54	-0.1	5:28	8:33	
12	Wed	5:18	5.7	5:54	4.8			12:38	-0.5	5:29	8:32	
13	Thu	6:00	5.5	6:40	4.7	12:38	0.1	1:20	-0.4	5:29	8:32	
14	Fri	6:41	5.3	7:26	4.6	1:20	0.3	1:59	-0.2	5:30	8:31	
15	Sat	7:23	5.1	8:12	4.6	2:01	0.5	2:37	-0.1	5:31	8:30	
16	Sun	8:05	4.9	8:57	4.6	2:42	0.6	3:13	0.0	5:32	8:30	
17	Mon	8:47	4.7	9:40	4.6	3:25	0.7	3:47	0.1	5:33	8:29	
18	Tue	9:33	4.5	10:24	4.6	4:14	0.8	4:20	0.2	5:34	8:28	
19	Wed	10:26	4.3	11:08	4.7	5:10	0.9	4:58	0.2	5:35	8:27	
20	Thu	11:28	4.1	11:56	4.7	6:11	0.9	5:47	0.3	5:35	8:27	
21	Fri			12:30	4.0	7:14	0.8	6:46	0.4	5:36	8:26	
22	Sat	12:48	4.8	1:29	3.9	8:14	0.6	7:50	0.4	5:37	8:25	
23	Sun	1:40	5.0	2:24	4.0	9:11	0.3	8:52	0.3	5:38	8:24	
24	Mon	2:28	5.1	3:14	4.2	10:05	0.0	9:50	0.1	5:39	8:23	
25	Tue	3:13	5.3	4:01	4.3	10:55	-0.3	10:44	0.0	5:40	8:22	
26	Wed	3:57	5.5	4:47	4.5	11:44	-0.5	11:37	-0.2	5:41	8:21	
27	Thu	4:41	5.6	5:33	4.7			12:31	-0.7	5:42	8:20	
28	Fri	5:28	5.6	6:21	4.8	12:28	-0.3	1:17	-0.8	5:43	8:19	
29	Sat	6:19	5.5	7:13	4.9	1:20	-0.4	2:04	-0.9	5:44	8:18	
30	Sun	7:16	5.4	8:07	5.0	2:13	-0.4	2:51	-0.9	5:45	8:17	
31	Mon	8:17	5.2	9:04	5.1	3:07	-0.4	3:40	-0.8	5:46	8:16	