

Albany, NY - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:10	5.1	8:53	5.0	2:48	-0.3	3:24	-0.8	5:47	8:14	
2	Sat	9:08	4.9	9:47	5.1	3:43	-0.2	4:11	-0.6	5:48	8:13	
3	Sun	10:05	4.7	10:42	5.1	4:41	-0.1	5:00	-0.5	5:49	8:12	
4	Mon	11:04	4.4	11:37	5.1	5:41	0.0	5:51	-0.3	5:51	8:11	
5	Tue			12:02	4.3	6:41	0.1	6:44	-0.1	5:52	8:10	
6	Wed	12:32	5.1	1:01	4.1	7:41	0.0	7:38	0.0	5:53	8:08	
7	Thu	1:27	5.1	1:58	4.1	8:38	-0.1	8:31	0.1	5:54	8:07	
8	Fri	2:19	5.1	2:51	4.2	9:31	-0.2	9:22	0.1	5:55	8:06	
9	Sat	3:08	5.2	3:41	4.3	10:20	-0.4	10:11	0.1	5:56	8:04	
10	Sun	3:52	5.2	4:26	4.3	11:05	-0.4	10:56	0.1	5:57	8:03	
11	Mon	4:33	5.2	5:09	4.4	11:46	-0.5	11:38	0.1	5:58	8:01	
12	Tue	5:10	5.1	5:48	4.4			12:23	-0.4	5:59	8:00	
13	Wed	5:44	5.0	6:25	4.4	12:18	0.1	12:58	-0.4	6:00	7:59	
14	Thu	6:14	4.9	6:58	4.4	12:57	0.2	1:30	-0.3	6:01	7:57	
15	Fri	6:40	4.8	7:23	4.6	1:37	0.3	1:59	-0.3	6:02	7:56	
16	Sat	7:08	4.7	7:42	4.7	2:17	0.3	2:25	-0.2	6:03	7:54	
17	Sun	7:46	4.5	8:13	4.9	3:02	0.4	2:51	-0.2	6:04	7:53	
18	Mon	8:31	4.3	8:55	5.0	3:53	0.6	3:23	-0.1	6:05	7:51	
19	Tue	9:23	4.0	9:43	5.1	4:55	0.7	4:04	0.0	6:06	7:50	
20	Wed	10:29	3.8	10:39	5.0	6:04	0.7	4:59	0.2	6:08	7:48	
21	Thu			12:00	3.6	7:13	0.7	6:16	0.4	6:09	7:46	
22	Fri			1:17	3.6	8:18	0.4	7:46	0.4	6:10	7:45	
23	Sat	1:15	4.9	2:21	3.8	9:18	0.1	8:59	0.2	6:11	7:43	
24	Sun	2:27	5.0	3:18	4.1	10:13	-0.2	10:02	0.0	6:12	7:42	
25	Mon	3:26	5.2	4:09	4.4	11:04	-0.5	10:59	-0.3	6:13	7:40	
26	Tue	4:19	5.4	4:59	4.7	11:52	-0.7	11:53	-0.5	6:14	7:38	
27	Wed	5:10	5.4	5:48	4.9			12:38	-0.9	6:15	7:37	
28	Thu	6:01	5.3	6:38	5.0	12:45	-0.5	1:23	-0.9	6:16	7:35	
29	Fri	6:53	5.2	7:29	5.1	1:37	-0.5	2:07	-0.8	6:17	7:33	
30	Sat	7:47	5.0	8:21	5.2	2:29	-0.4	2:51	-0.7	6:18	7:32	
31	Sun	8:43	4.7	9:14	5.2	3:22	-0.2	3:37	-0.4	6:19	7:30	