

Albany, NY - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:57	4.9	6:30	4.7	12:35	0.1	12:59	-0.3	6:20	7:29	
2	Wed	6:33	4.7	7:03	4.7	1:15	0.2	1:28	-0.2	6:21	7:27	
3	Thu	7:06	4.5	7:26	4.8	1:55	0.3	1:53	-0.1	6:22	7:25	
4	Fri	7:36	4.3	7:41	4.9	2:37	0.5	2:14	0.0	6:23	7:24	
5	Sat	8:08	4.1	8:10	5.0	3:22	0.6	2:40	0.1	6:24	7:22	
6	Sun	8:51	3.9	8:52	5.1	4:14	0.7	3:17	0.2	6:25	7:20	
7	Mon	9:50	3.7	9:41	5.0	5:14	0.8	4:04	0.4	6:26	7:18	
8	Tue	11:14	3.5	10:40	4.9	6:19	0.8	5:06	0.5	6:28	7:17	
9	Wed			12:30	3.6	7:23	0.7	6:30	0.6	6:29	7:15	
10	Thu			1:34	3.7	8:23	0.5	7:54	0.6	6:30	7:13	
11	Fri	1:27	4.9	2:30	4.0	9:18	0.2	9:03	0.3	6:31	7:11	
12	Sat	2:32	5.1	3:20	4.4	10:09	-0.1	10:04	0.0	6:32	7:09	
13	Sun	3:27	5.3	4:07	4.8	10:57	-0.4	10:59	-0.2	6:33	7:08	
14	Mon	4:16	5.4	4:52	5.1	11:42	-0.6	11:52	-0.4	6:34	7:06	
15	Tue	5:04	5.4	5:37	5.3			12:26	-0.7	6:35	7:04	
16	Wed	5:53	5.3	6:24	5.4	12:44	-0.5	1:10	-0.7	6:36	7:02	
17	Thu	6:44	5.2	7:13	5.5	1:36	-0.4	1:55	-0.6	6:37	7:01	
18	Fri	7:40	4.9	8:06	5.5	2:29	-0.3	2:40	-0.4	6:38	6:59	
19	Sat	8:38	4.7	9:02	5.4	3:25	-0.1	3:29	-0.2	6:39	6:57	
20	Sun	9:39	4.5	10:01	5.2	4:22	0.0	4:21	0.0	6:40	6:55	
21	Mon	10:41	4.3	11:02	5.1	5:22	0.2	5:18	0.2	6:41	6:53	
22	Tue	11:42	4.3			6:22	0.3	6:18	0.4	6:42	6:52	
23	Wed	12:04	5.0	12:43	4.3	7:21	0.2	7:19	0.4	6:44	6:50	
24	Thu	1:05	4.9	1:41	4.4	8:16	0.1	8:17	0.4	6:45	6:48	
25	Fri	2:01	5.0	2:35	4.6	9:08	0.0	9:11	0.3	6:46	6:46	
26	Sat	2:51	5.1	3:23	4.8	9:54	-0.1	10:01	0.2	6:47	6:45	
27	Sun	3:36	5.1	4:07	5.0	10:36	-0.2	10:48	0.2	6:48	6:43	
28	Mon	4:18	5.1	4:47	5.1	11:14	-0.2	11:32	0.2	6:49	6:41	
29	Tue	4:56	5.0	5:22	5.1	11:49	-0.1			6:50	6:39	
30	Wed	5:33	4.9	5:54	5.2	12:14	0.2	12:21	0.0	6:51	6:37	