US HARBORS www.USHarbors.com

Amityville, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:17	1.5	10:47	1.5	5:01	-0.3	5:30	-0.3	6:27	5:44	
2	Tue	11:06	1.4	11:36	1.5	5:52	-0.3	6:15	-0.3	6:25	5:45	
3	Wed	11:55	1.3			6:40	-0.3	6:59	-0.2	6:24	5:47	
4	Thu	12:26	1.4	12:47	1.2	7:28	-0.2	7:42	-0.1	6:22	5:48	
5	Fri	1:17	1.3	1:41	1.1	8:17	-0.1	8:28	0.0	6:20	5:49	
6	Sat	2:10	1.2	2:36	1.0	9:12	0.0	9:21	0.1	6:19	5:50	
7	Sun	3:04	1.2	3:31	1.0	10:15	0.1	10:25	0.2	6:17	5:51	
8	Mon	3:57	1.1	4:27	0.9	11:22	0.2	11:32	0.2	6:16	5:52	
9	Tue	4:53	1.1	5:26	0.9			12:23	0.2	6:14	5:53	
10	Wed	5:54	1.1	6:28	0.9	12:34	0.2	1:17	0.1	6:13	5:54	
11	Thu	6:53	1.1	7:23	1.0	1:28	0.2	2:03	0.1	6:11	5:55	
12	Fri	7:43	1.1	8:09	1.1	2:16	0.1	2:45	0.0	6:09	5:56	
13	Sat	8:27	1.2	8:49	1.1	3:00	0.1	3:25	0.0	6:08	5:58	
14	Sun	10:05	1.2	10:25	1.2	4:43	0.0	5:03	0.0	7:06	6:59	
15	Mon	10:41	1.2	10:58	1.2	5:25	0.0	5:41	-0.1	7:04	7:00	
16	Tue	11:16	1.2	11:29	1.3	6:06	0.0	6:16	-0.1	7:03	7:01	
17	Wed	11:50	1.2			6:44	0.0	6:50	0.0	7:01	7:02	
18	Thu	12:00	1.3	12:24	1.1	7:20	0.0	7:21	0.0	6:59	7:03	
19	Fri	12:31	1.3	1:01	1.1	7:57	0.0	7:53	0.0	6:58	7:04	
20	Sat	1:07	1.3	1:44	1.0	8:34	0.0	8:27	0.0	6:56	7:05	
21	Sun	1:53	1.2	2:38	1.0	9:19	0.1	9:10	0.1	6:55	7:06	
22	Mon	2:49	1.2	3:38	1.0	10:18	0.1	10:09	0.1	6:53	7:07	
23	Tue	3:52	1.2	4:41	1.0	11:34	0.1	11:30	0.1	6:51	7:08	
24	Wed	4:58	1.2	5:47	1.0			12:47	0.1	6:50	7:09	
25	Thu	6:08	1.2	6:55	1.1	12:52	0.1	1:50	0.0	6:48	7:10	
26	Fri	7:18	1.3	8:00	1.2	2:01	0.0	2:46	-0.1	6:46	7:11	
27	Sat	8:22	1.3	8:58	1.4	3:01	-0.1	3:37	-0.1	6:45	7:12	
28	Sun	9:18	1.4	9:48	1.5	3:58	-0.2	4:27	-0.2	6:43	7:13	
29	Mon	10:08	1.4	10:36	1.5	4:52	-0.2	5:15	-0.2	6:41	7:15	
30	Tue	10:57	1.4	11:23	1.6	5:44	-0.2	6:03	-0.2	6:40	7:16	
31	Wed	11:44	1.4			6:34	-0.2	6:48	-0.2	6:38	7:17	