

Bay Shore, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:29	1.0	5:49	1.0			12:09	0.3	6:23	4:49	
2	Tue	6:24	1.1	6:43	1.0	12:29	0.2	12:59	0.3	6:24	4:48	
3	Wed	7:13	1.1	7:32	1.0	1:12	0.1	1:45	0.2	6:26	4:47	
4	Thu	7:56	1.2	8:16	1.1	1:52	0.1	2:28	0.2	6:27	4:45	
5	Fri	8:35	1.2	8:56	1.1	2:32	0.1	3:10	0.1	6:28	4:44	
6	Sat	9:12	1.2	9:35	1.1	3:11	0.1	3:52	0.1	6:29	4:43	
7	Sun	9:46	1.2	10:13	1.0	3:50	0.1	4:33	0.1	6:30	4:42	
8	Mon	10:20	1.2	10:51	1.0	4:28	0.1	5:12	0.1	6:31	4:41	
9	Tue	10:52	1.2	11:29	1.0	5:05	0.2	5:50	0.1	6:33	4:40	
10	Wed	11:25	1.1			5:41	0.2	6:26	0.2	6:34	4:39	
11	Thu	12:11	0.9	12:01	1.1	6:16	0.3	7:04	0.2	6:35	4:38	
12	Fri	12:57	0.9	12:45	1.1	6:53	0.3	7:45	0.3	6:36	4:37	
13	Sat	1:48	0.9	1:40	1.0	7:37	0.4	8:36	0.3	6:37	4:36	
14	Sun	2:41	0.9	2:38	1.0	8:38	0.4	9:37	0.3	6:39	4:35	
15	Mon	3:34	1.0	3:37	1.0	9:54	0.4	10:40	0.2	6:40	4:35	
16	Tue	4:29	1.0	4:38	1.0	11:07	0.3	11:39	0.1	6:41	4:34	
17	Wed	5:28	1.1	5:43	1.1			12:11	0.1	6:42	4:33	
18	Thu	6:28	1.2	6:48	1.1	12:33	0.0	1:09	0.0	6:43	4:32	
19	Fri	7:25	1.3	7:47	1.1	1:25	-0.1	2:05	-0.1	6:44	4:32	
20	Sat	8:18	1.4	8:41	1.2	2:17	-0.2	2:59	-0.2	6:46	4:31	
21	Sun	9:09	1.4	9:34	1.2	3:10	-0.3	3:54	-0.3	6:47	4:30	
22	Mon	10:00	1.4	10:27	1.2	4:03	-0.3	4:47	-0.3	6:48	4:30	
23	Tue	10:51	1.4	11:21	1.1	4:56	-0.2	5:38	-0.3	6:49	4:29	
24	Wed	11:45	1.3			5:47	-0.2	6:27	-0.2	6:50	4:29	
25	Thu	12:18	1.1	12:40	1.2	6:37	-0.1	7:17	-0.1	6:51	4:28	
26	Fri	1:17	1.1	1:38	1.2	7:30	0.1	8:10	0.0	6:52	4:28	
27	Sat	2:16	1.0	2:33	1.1	8:28	0.2	9:06	0.1	6:53	4:27	
28	Sun	3:10	1.0	3:26	1.0	9:33	0.3	10:04	0.1	6:54	4:27	
29	Mon	4:02	1.0	4:18	1.0	10:38	0.3	10:59	0.2	6:55	4:26	
30	Tue	4:54	1.0	5:11	0.9	11:37	0.3	11:49	0.2	6:56	4:26	