

Bay Shore, NY - Dec 1989

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 11:18 | 1.1 | 11:54 | 0.9 | 5:29 | 0.2 | 6:19 | 0.1 | 6:57 | 4:26 | ☀ |
| 2 | Sat | | | 12:01 | 1.1 | 6:06 | 0.2 | 6:58 | 0.1 | 6:58 | 4:26 | ☾ |
| 3 | Sun | 12:42 | 0.9 | 12:51 | 1.1 | 6:47 | 0.3 | 7:41 | 0.1 | 6:59 | 4:25 | ☾ |
| 4 | Mon | 1:37 | 0.9 | 1:47 | 1.0 | 7:36 | 0.3 | 8:31 | 0.1 | 7:00 | 4:25 | ☾ |
| 5 | Tue | 2:32 | 0.9 | 2:45 | 1.0 | 8:41 | 0.3 | 9:28 | 0.1 | 7:01 | 4:25 | ☾ |
| 6 | Wed | 3:27 | 1.0 | 3:42 | 1.0 | 9:58 | 0.3 | 10:28 | 0.1 | 7:02 | 4:25 | ☾ |
| 7 | Thu | 4:22 | 1.0 | 4:42 | 1.0 | 11:12 | 0.2 | 11:27 | 0.0 | 7:03 | 4:25 | ☾ |
| 8 | Fri | 5:21 | 1.1 | 5:46 | 1.0 | | | 12:17 | 0.1 | 7:04 | 4:25 | ☾ |
| 9 | Sat | 6:23 | 1.2 | 6:51 | 1.0 | 12:22 | -0.1 | 1:15 | 0.0 | 7:05 | 4:25 | ☾ |
| 10 | Sun | 7:22 | 1.3 | 7:51 | 1.0 | 1:16 | -0.2 | 2:11 | -0.1 | 7:06 | 4:25 | ☾ |
| 11 | Mon | 8:16 | 1.3 | 8:46 | 1.0 | 2:09 | -0.2 | 3:06 | -0.2 | 7:06 | 4:25 | ☾ |
| 12 | Tue | 9:07 | 1.3 | 9:38 | 1.1 | 3:03 | -0.2 | 4:00 | -0.3 | 7:07 | 4:25 | ☾ |
| 13 | Wed | 9:58 | 1.3 | 10:31 | 1.0 | 3:57 | -0.2 | 4:52 | -0.3 | 7:08 | 4:26 | ☾ |
| 14 | Thu | 10:48 | 1.3 | 11:24 | 1.0 | 4:50 | -0.2 | 5:41 | -0.2 | 7:09 | 4:26 | ☾ |
| 15 | Fri | 11:39 | 1.2 | | | 5:40 | -0.1 | 6:28 | -0.2 | 7:09 | 4:26 | ☾ |
| 16 | Sat | 12:19 | 1.0 | 12:31 | 1.1 | 6:27 | 0.0 | 7:14 | -0.1 | 7:10 | 4:26 | ☾ |
| 17 | Sun | 1:14 | 1.0 | 1:24 | 1.0 | 7:16 | 0.1 | 8:01 | 0.0 | 7:11 | 4:27 | ☾ |
| 18 | Mon | 2:07 | 0.9 | 2:15 | 1.0 | 8:07 | 0.2 | 8:50 | 0.1 | 7:11 | 4:27 | ☾ |
| 19 | Tue | 2:58 | 0.9 | 3:04 | 0.9 | 9:06 | 0.3 | 9:42 | 0.2 | 7:12 | 4:27 | ☾ |
| 20 | Wed | 3:45 | 0.9 | 3:52 | 0.9 | 10:09 | 0.4 | 10:34 | 0.2 | 7:13 | 4:28 | ☾ |
| 21 | Thu | 4:33 | 0.9 | 4:42 | 0.8 | 11:10 | 0.3 | 11:23 | 0.2 | 7:13 | 4:28 | ☾ |
| 22 | Fri | 5:22 | 0.9 | 5:36 | 0.8 | | | 12:06 | 0.3 | 7:14 | 4:29 | ☾ |
| 23 | Sat | 6:13 | 1.0 | 6:33 | 0.8 | 12:10 | 0.2 | 12:56 | 0.2 | 7:14 | 4:29 | ☾ |
| 24 | Sun | 7:04 | 1.0 | 7:27 | 0.8 | 12:55 | 0.2 | 1:43 | 0.1 | 7:14 | 4:30 | ☾ |
| 25 | Mon | 7:49 | 1.0 | 8:14 | 0.8 | 1:39 | 0.2 | 2:28 | 0.1 | 7:15 | 4:31 | ☾ |
| 26 | Tue | 8:31 | 1.1 | 8:57 | 0.8 | 2:22 | 0.1 | 3:13 | 0.0 | 7:15 | 4:31 | ☾ |
| 27 | Wed | 9:10 | 1.1 | 9:37 | 0.9 | 3:06 | 0.1 | 3:58 | -0.1 | 7:15 | 4:32 | ☾ |
| 28 | Thu | 9:48 | 1.1 | 10:16 | 0.9 | 3:50 | 0.1 | 4:41 | -0.1 | 7:16 | 4:33 | ☾ |
| 29 | Fri | 10:25 | 1.1 | 10:55 | 0.9 | 4:34 | 0.0 | 5:21 | -0.1 | 7:16 | 4:33 | ☾ |
| 30 | Sat | 11:05 | 1.1 | 11:37 | 0.9 | 5:15 | 0.0 | 6:00 | -0.1 | 7:16 | 4:34 | ☾ |
| 31 | Sun | 11:47 | 1.1 | | | 5:57 | 0.0 | 6:38 | -0.1 | 7:16 | 4:35 | ☾ |