US HARBORS www.USHarbors.com

Bay Shore, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**7:41**	1.2	**8:15**	1.0	**1:33**	-0.2	**2:35**	-0.2	7:16	4:36	
2	Fri	**8:37**	1.3	**9:10**	1.0	**2:30**	-0.2	**3:30**	-0.3	7:16	4:37	
3	Sat	**9:30**	1.3	**10:03**	1.0	**3:27**	-0.3	**4:23**	-0.3	7:17	4:38	
4	Sun	**10:21**	1.3	**10:55**	1.0	**4:22**	-0.3	**5:13**	-0.4	7:17	4:38	
5	Mon	**11:11**	1.2	**11:48**	1.0	**5:14**	-0.2	**6:00**	-0.4	7:17	4:39	
6	Tue			**12:01**	1.2	**6:03**	-0.2	**6:44**	-0.3	7:16	4:40	
7	Wed	**12:40**	1.0	**12:52**	1.1	**6:50**	-0.1	**7:28**	-0.2	7:16	4:41	
8	Thu	**1:33**	1.0	**1:42**	1.0	**7:39**	0.0	**8:12**	-0.1	7:16	4:42	
9	Fri	**2:23**	1.0	**2:31**	0.9	**8:32**	0.1	**8:59**	0.0	7:16	4:43	
10	Sat	**3:10**	0.9	**3:19**	0.8	**9:30**	0.2	**9:50**	0.1	7:16	4:44	
11	Sun	**3:57**	0.9	**4:08**	0.8	**10:33**	0.3	**10:42**	0.2	7:16	4:45	
12	Mon	**4:44**	0.9	**5:00**	0.7	**11:33**	0.3	**11:35**	0.2	7:15	4:46	
13	Tue	**5:37**	0.9	**5:59**	0.7			**12:27**	0.2	7:15	4:48	
14	Wed	**6:32**	0.9	**6:58**	0.7	**12:25**	0.2	**1:17**	0.2	7:15	4:49	
15	Thu	**7:24**	1.0	**7:50**	0.8	**1:13**	0.2	**2:04**	0.1	7:14	4:50	
16	Fri	**8:10**	1.0	**8:36**	0.8	**1:59**	0.1	**2:49**	0.0	7:14	4:51	
17	Sat	**8:51**	1.0	**9:17**	0.8	**2:44**	0.1	**3:33**	-0.1	7:13	4:52	
18	Sun	**9:29**	1.1	**9:55**	0.9	**3:29**	0.0	**4:16**	-0.1	7:13	4:53	
19	Mon	**10:06**	1.1	**10:32**	0.9	**4:13**	0.0	**4:55**	-0.2	7:12	4:54	
20	Tue	**10:42**	1.1	**11:09**	0.9	**4:54**	0.0	**5:32**	-0.2	7:12	4:56	
21	Wed	**11:19**	1.1	**11:48**	0.9	**5:34**	0.0	**6:07**	-0.2	7:11	4:57	
22	Thu			**12:00**	1.0	**6:13**	0.0	**6:41**	-0.2	7:10	4:58	
23	Fri	**12:31**	0.9	**12:46**	1.0	**6:55**	0.0	**7:18**	-0.2	7:10	4:59	
24	Sat	**1:19**	1.0	**1:37**	0.9	**7:43**	0.0	**8:00**	-0.1	7:09	5:00	
25	Sun	**2:12**	1.0	**2:34**	0.9	**8:44**	0.1	**8:53**	-0.1	7:08	5:01	
26	Mon	**3:07**	1.0	**3:34**	0.8	**10:00**	0.1	**9:59**	0.0	7:07	5:03	
27	Tue	**4:07**	1.0	**4:39**	0.8	**11:16**	0.1	**11:12**	0.0	7:07	5:04	
28	Wed	**5:13**	1.0	**5:51**	0.8			**12:24**	0.0	7:06	5:05	
29	Thu	**6:24**	1.1	**7:02**	0.9	**12:20**	-0.1	**1:25**	-0.1	7:05	5:06	
30	Fri	**7:30**	1.1	**8:04**	0.9	**1:22**	-0.1	**2:22**	-0.2	7:04	5:08	
31	Sat	**8:27**	1.2	**8:58**	1.0	**2:20**	-0.2	**3:15**	-0.3	7:03	5:09	