

Bellmore, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:42	2.0	5:02	2.0	11:40	0.4			6:24	4:50	
2	Tue	5:37	2.1	5:56	2.0	12:00	0.2	12:30	0.3	6:25	4:49	
3	Wed	6:26	2.2	6:45	2.0	12:43	0.2	1:16	0.2	6:27	4:48	
4	Thu	7:09	2.3	7:29	2.1	1:23	0.1	1:59	0.2	6:28	4:47	
5	Fri	7:48	2.3	8:09	2.1	2:03	0.1	2:41	0.1	6:29	4:45	
6	Sat	8:25	2.3	8:48	2.1	2:42	0.1	3:23	0.1	6:30	4:44	
7	Sun	8:59	2.3	9:26	2.0	3:21	0.1	4:04	0.1	6:31	4:43	
8	Mon	9:33	2.3	10:04	2.0	3:59	0.2	4:43	0.1	6:32	4:42	
9	Tue	10:05	2.2	10:42	1.9	4:36	0.2	5:21	0.2	6:34	4:41	
10	Wed	10:38	2.2	11:24	1.8	5:12	0.3	5:57	0.2	6:35	4:40	
11	Thu	11:14	2.1			5:47	0.3	6:35	0.3	6:36	4:39	
12	Fri	12:10	1.8	11:58 AM	2.1	6:24	0.4	7:16	0.3	6:37	4:38	
13	Sat	1:01	1.8	12:53	2.0	7:08	0.4	8:07	0.3	6:38	4:38	
14	Sun	1:54	1.8	1:51	2.0	8:09	0.5	9:08	0.3	6:40	4:37	
15	Mon	2:47	1.9	2:50	2.0	9:25	0.5	10:11	0.2	6:41	4:36	
16	Tue	3:42	2.0	3:51	2.0	10:38	0.3	11:10	0.1	6:42	4:35	
17	Wed	4:41	2.2	4:56	2.1	11:42	0.2			6:43	4:34	
18	Thu	5:41	2.4	6:01	2.2	12:04	0.0	12:40	0.0	6:44	4:34	
19	Fri	6:38	2.5	7:00	2.2	12:56	-0.2	1:36	-0.2	6:45	4:33	
20	Sat	7:31	2.7	7:54	2.3	1:48	-0.3	2:30	-0.3	6:47	4:32	
21	Sun	8:22	2.8	8:47	2.3	2:41	-0.3	3:25	-0.4	6:48	4:32	
22	Mon	9:13	2.8	9:40	2.3	3:34	-0.3	4:18	-0.4	6:49	4:31	
23	Tue	10:04	2.7	10:34	2.2	4:27	-0.3	5:09	-0.4	6:50	4:30	
24	Wed	10:58	2.6	11:31	2.1	5:18	-0.2	5:58	-0.3	6:51	4:30	
25	Thu	11:53	2.4			6:08	-0.1	6:48	-0.2	6:52	4:29	
26	Fri	12:30	2.1	12:51	2.3	7:01	0.1	7:41	0.0	6:53	4:29	
27	Sat	1:29	2.0	1:46	2.1	7:59	0.3	8:37	0.1	6:54	4:28	
28	Sun	2:23	2.0	2:39	2.0	9:04	0.4	9:35	0.2	6:55	4:28	
29	Mon	3:15	1.9	3:31	1.9	10:09	0.4	10:30	0.2	6:56	4:28	
30	Tue	4:07	1.9	4:24	1.8	11:08	0.4	11:20	0.2	6:57	4:27	