

































Bellmore, NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:08	2.5	9:43	2.1	3:30	-0.4	4:23	-0.5	7:17	4:37	
2	Sat	9:59	2.5	10:37	2.1	4:24	-0.4	5:11	-0.5	7:17	4:38	
3	Sun	10:51	2.4	11:32	2.1	5:16	-0.4	5:58	-0.5	7:18	4:39	
4	Mon	11:46	2.3			6:07	-0.3	6:45	-0.4	7:18	4:40	
5	Tue	12:29	2.1	12:42	2.2	7:01	-0.2	7:35	-0.3	7:18	4:41	
6	Wed	1:25	2.1	1:39	2.0	8:00	-0.1	8:30	-0.2	7:17	4:42	
7	Thu	2:20	2.1	2:34	1.8	9:05	0.1	9:29	-0.1	7:17	4:43	
8	Fri	3:14	2.0	3:29	1.7	10:13	0.1	10:28	0.0	7:17	4:44	
9	Sat	4:09	2.0	4:28	1.6	11:17	0.1	11:26	0.1	7:17	4:45	
10	Sun	5:07	2.0	5:31	1.6			12:14	0.1	7:17	4:46	
11	Mon	6:04	2.0	6:30	1.6	12:18	0.1	1:06	0.0	7:17	4:47	
12	Tue	6:56	2.0	7:22	1.6	1:07	0.1	1:53	0.0	7:16	4:48	
13	Wed	7:42	2.1	8:07	1.7	1:54	0.0	2:38	-0.1	7:16	4:49	
14	Thu	8:24	2.1	8:48	1.7	2:39	0.0	3:21	-0.1	7:16	4:50	
15	Fri	9:03	2.1	9:27	1.8	3:23	0.0	4:02	-0.1	7:15	4:51	
16	Sat	9:40	2.1	10:06	1.8	4:04	0.0	4:39	-0.2	7:15	4:52	
17	Sun	10:17	2.0	10:43	1.7	4:44	0.0	5:14	-0.2	7:14	4:53	
18	Mon	10:52	1.9	11:20	1.7	5:20	0.0	5:46	-0.1	7:14	4:54	
19	Tue	11:27	1.8	11:56	1.7	5:55	0.1	6:17	-0.1	7:13	4:55	
20	Wed			12:04	1.7	6:30	0.2	6:47	0.0	7:13	4:57	
21	Thu	12:34	1.7	12:46	1.7	7:08	0.2	7:20	0.1	7:12	4:58	
22	Fri	1:16	1.7	1:33	1.6	7:57	0.3	8:02	0.1	7:11	4:59	
23	Sat	2:02	1.8	2:26	1.5	9:05	0.3	9:00	0.1	7:11	5:00	
24	Sun	2:53	1.8	3:24	1.5	10:22	0.3	10:11	0.1	7:10	5:01	
25	Mon	3:53	1.9	4:32	1.5	11:31	0.2	11:21	0.0	7:09	5:03	
26	Tue	5:01	2.0	5:44	1.6			12:31	0.0	7:08	5:04	
27	Wed	6:09	2.1	6:48	1.7	12:24	-0.1	1:27	-0.2	7:08	5:05	
28	Thu	7:09	2.3	7:44	1.9	1:23	-0.2	2:20	-0.3	7:07	5:06	
29	Fri	8:03	2.4	8:36	2.1	2:20	-0.4	3:12	-0.5	7:06	5:07	
30	Sat	8:54	2.5	9:27	2.2	3:16	-0.5	4:01	-0.6	7:05	5:09	
31	Sun	9:44	2.5	10:17	2.3	4:10	-0.5	4:49	-0.7	7:04	5:10	