

































## Bellmore, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:46	2.0	10:03	2.4	4:21	0.0	4:24	0.1	5:52	7:50	
2	Sat	10:25	1.9	10:39	2.3	5:03	0.0	5:01	0.2	5:51	7:51	
3	Sun	11:04	1.9	11:14	2.3	5:42	0.0	5:38	0.3	5:49	7:52	
4	Mon	11:44	1.8	11:51	2.2	6:20	0.1	6:13	0.3	5:48	7:53	
5	Tue			12:27	1.7	6:57	0.2	6:47	0.4	5:47	7:54	
6	Wed	12:30	2.1	1:13	1.7	7:35	0.3	7:22	0.5	5:46	7:55	
7	Thu	1:13	2.0	2:04	1.6	8:16	0.3	8:01	0.6	5:45	7:56	
8	Fri	2:03	1.9	2:54	1.6	9:04	0.4	8:55	0.7	5:43	7:57	
9	Sat	2:54	1.9	3:42	1.7	10:02	0.4	10:10	0.7	5:42	7:58	
10	Sun	3:47	1.9	4:31	1.8	11:01	0.4	11:24	0.6	5:41	7:59	
11	Mon	4:41	1.9	5:24	1.9	11:56	0.3			5:40	8:00	
12	Tue	5:41	1.9	6:20	2.1	12:28	0.5	12:46	0.2	5:39	8:01	
13	Wed	6:43	2.0	7:14	2.3	1:25	0.3	1:34	0.1	5:38	8:02	
14	Thu	7:41	2.1	8:05	2.5	2:18	0.1	2:21	0.0	5:37	8:03	
15	Fri	8:34	2.1	8:53	2.6	3:11	0.0	3:10	-0.1	5:36	8:04	
16	Sat	9:25	2.2	9:42	2.7	4:05	-0.2	4:02	-0.1	5:35	8:05	
17	Sun	10:17	2.2	10:32	2.7	4:59	-0.2	4:55	-0.1	5:34	8:06	
18	Mon	11:11	2.2	11:26	2.7	5:51	-0.3	5:48	-0.1	5:34	8:07	
19	Tue			12:09	2.1	6:43	-0.2	6:40	0.0	5:33	8:07	
20	Wed	12:24	2.5	1:11	2.1	7:34	-0.1	7:35	0.1	5:32	8:08	
21	Thu	1:25	2.4	2:13	2.1	8:29	0.0	8:34	0.2	5:31	8:09	
22	Fri	2:26	2.3	3:12	2.1	9:29	0.1	9:41	0.3	5:30	8:10	
23	Sat	3:23	2.2	4:07	2.1	10:30	0.1	10:50	0.4	5:30	8:11	
24	Sun	4:18	2.1	5:01	2.1	11:28	0.1	11:54	0.4	5:29	8:12	
25	Mon	5:13	2.0	5:55	2.2			12:19	0.2	5:28	8:13	
26	Tue	6:09	1.9	6:47	2.2	12:51	0.3	1:06	0.2	5:28	8:14	
27	Wed	7:04	1.9	7:35	2.3	1:42	0.3	1:49	0.2	5:27	8:14	
28	Thu	7:54	1.9	8:18	2.3	2:28	0.2	2:29	0.2	5:27	8:15	
29	Fri	8:39	1.9	8:58	2.4	3:12	0.2	3:09	0.3	5:26	8:16	
30	Sat	9:21	1.9	9:35	2.4	3:56	0.1	3:50	0.3	5:25	8:17	
31	Sun	10:02	1.9	10:12	2.3	4:39	0.1	4:32	0.3	5:25	8:18	