

Bergen Point West Reach, NY - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:38	5.9	8:04	5.0	1:39	-0.5	2:18	-0.8	7:20	4:39	
2	Fri	8:23	5.8	8:51	4.9	2:28	-0.5	3:04	-0.8	7:20	4:40	
3	Sat	9:07	5.6	9:38	4.8	3:14	-0.3	3:46	-0.7	7:20	4:41	
4	Sun	9:52	5.3	10:26	4.7	3:57	-0.1	4:26	-0.5	7:20	4:42	
5	Mon	10:38	5.0	11:13	4.5	4:37	0.1	5:03	-0.2	7:20	4:43	
6	Tue	11:24	4.7			5:16	0.4	5:39	0.1	7:20	4:43	
7	Wed	12:00	4.4	12:11	4.5	5:58	0.7	6:15	0.4	7:20	4:44	
8	Thu	12:45	4.4	12:57	4.2	6:50	1.0	6:57	0.6	7:20	4:45	
9	Fri	1:29	4.3	1:42	4.0	7:56	1.1	7:52	0.7	7:20	4:46	
10	Sat	2:12	4.3	2:30	3.9	9:01	1.1	8:53	0.7	7:19	4:47	
11	Sun	2:57	4.4	3:24	3.9	9:59	0.9	9:50	0.6	7:19	4:48	
12	Mon	3:49	4.5	4:23	3.9	10:51	0.6	10:42	0.4	7:19	4:49	
13	Tue	4:45	4.7	5:20	4.1	11:40	0.3	11:31	0.2	7:19	4:51	
14	Wed	5:36	5.0	6:10	4.3			12:27	0.0	7:18	4:52	
15	Thu	6:21	5.3	6:54	4.6	12:19	0.0	1:13	-0.3	7:18	4:53	
16	Fri	7:02	5.6	7:36	4.8	1:08	-0.3	1:59	-0.6	7:18	4:54	
17	Sat	7:43	5.8	8:18	5.0	1:57	-0.5	2:43	-0.8	7:17	4:55	
18	Sun	8:25	5.8	9:04	5.2	2:45	-0.6	3:26	-0.9	7:17	4:56	
19	Mon	9:11	5.8	9:53	5.2	3:31	-0.7	4:08	-1.0	7:16	4:57	
20	Tue	10:01	5.6	10:47	5.3	4:18	-0.7	4:50	-0.9	7:16	4:58	
21	Wed	10:57	5.3	11:45	5.3	5:06	-0.5	5:36	-0.7	7:15	5:00	
22	Thu	11:57	5.1			6:02	-0.2	6:29	-0.4	7:14	5:01	
23	Fri	12:43	5.3	12:58	4.8	7:09	0.0	7:33	-0.2	7:14	5:02	
24	Sat	1:41	5.2	1:58	4.6	8:23	0.2	8:42	0.0	7:13	5:03	
25	Sun	2:39	5.2	3:01	4.4	9:31	0.1	9:47	0.0	7:12	5:04	
26	Mon	3:42	5.2	4:09	4.3	10:33	-0.1	10:46	-0.1	7:12	5:06	
27	Tue	4:47	5.2	5:15	4.4	11:29	-0.3	11:41	-0.2	7:11	5:07	
28	Wed	5:46	5.3	6:13	4.6			12:21	-0.4	7:10	5:08	
29	Thu	6:37	5.5	7:02	4.8	12:33	-0.3	1:10	-0.6	7:09	5:09	
30	Fri	7:22	5.5	7:47	4.9	1:22	-0.4	1:56	-0.7	7:08	5:10	
31	Sat	8:04	5.5	8:29	4.9	2:09	-0.4	2:40	-0.7	7:07	5:12	