

Bergen Point West Reach, NY - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:20	5.2	8:40	5.1	2:30	-0.3	2:49	-0.4	6:29	5:48	
2	Tue	8:57	5.1	9:15	5.0	3:09	-0.3	3:23	-0.3	6:28	5:49	
3	Wed	9:34	4.9	9:48	4.9	3:46	-0.1	3:54	-0.2	6:26	5:50	
4	Thu	10:10	4.6	10:17	4.8	4:19	0.0	4:20	0.0	6:25	5:51	
5	Fri	10:46	4.4	10:45	4.6	4:50	0.3	4:44	0.2	6:23	5:52	
6	Sat	11:24	4.2	11:19	4.6	5:19	0.5	5:10	0.4	6:21	5:53	
7	Sun			12:07	4.0	5:51	0.7	5:45	0.6	6:20	5:54	
8	Mon	12:03	4.5	12:57	3.9	6:42	0.9	6:34	0.8	6:18	5:55	
9	Tue	12:57	4.5	1:51	3.9	8:17	1.0	7:50	0.9	6:17	5:56	
10	Wed	1:56	4.5	2:51	4.0	9:32	0.8	9:23	0.7	6:15	5:58	
11	Thu	3:01	4.7	3:59	4.2	10:31	0.5	10:32	0.4	6:13	5:59	
12	Fri	4:14	4.9	5:04	4.6	11:23	0.1	11:31	0.0	6:12	6:00	
13	Sat	5:21	5.2	5:59	5.1			12:13	-0.3	6:10	6:01	
14	Sun	6:16	5.6	6:49	5.6	12:26	-0.5	1:01	-0.7	6:09	6:02	
15	Mon	7:06	5.8	7:36	6.0	1:19	-0.9	1:49	-1.0	6:07	6:03	
16	Tue	7:54	5.9	8:23	6.2	2:12	-1.1	2:37	-1.2	6:05	6:04	
17	Wed	8:44	5.9	9:13	6.2	3:03	-1.3	3:24	-1.2	6:04	6:05	
18	Thu	9:36	5.6	10:06	6.1	3:53	-1.2	4:10	-1.1	6:02	6:06	
19	Fri	10:33	5.4	11:04	5.9	4:42	-1.0	4:57	-0.7	6:00	6:07	
20	Sat	11:33	5.1			5:35	-0.7	5:48	-0.3	5:59	6:08	
21	Sun	12:03	5.6	12:35	4.8	6:34	-0.2	6:50	0.1	5:57	6:09	
22	Mon	1:03	5.3	1:34	4.6	7:40	0.1	8:01	0.4	5:55	6:10	
23	Tue	2:01	5.0	2:33	4.5	8:47	0.2	9:09	0.5	5:54	6:11	
24	Wed	3:00	4.8	3:34	4.4	9:48	0.2	10:10	0.5	5:52	6:12	
25	Thu	4:01	4.7	4:35	4.5	10:42	0.2	11:04	0.3	5:50	6:14	
26	Fri	5:00	4.8	5:31	4.7	11:30	0.0	11:53	0.2	5:49	6:15	
27	Sat	5:52	4.9	6:18	5.0			12:15	-0.1	5:47	6:16	
28	Sun	6:36	5.0	6:58	5.2	12:39	0.0	12:57	-0.1	5:45	6:17	
29	Mon	7:16	5.1	7:35	5.3	1:23	-0.1	1:37	-0.2	5:44	6:18	
30	Tue	7:54	5.1	8:09	5.3	2:05	-0.2	2:15	-0.1	5:42	6:19	
31	Wed	8:30	5.0	8:40	5.3	2:45	-0.2	2:50	-0.1	5:41	6:20	