

Bergen Point West Reach, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:11	4.4	12:04	4.6	6:06	0.7	6:38	0.3	7:20	4:39	
2	Mon	1:02	4.6	1:04	4.5	7:17	0.7	7:46	0.3	7:20	4:40	
3	Tue	1:57	4.8	2:06	4.5	8:48	0.6	9:04	0.2	7:20	4:41	
4	Wed	2:55	5.0	3:13	4.5	10:00	0.3	10:10	0.0	7:20	4:42	
5	Thu	4:00	5.3	4:25	4.6	11:01	-0.1	11:10	-0.3	7:20	4:43	
6	Fri	5:06	5.7	5:34	4.8	11:58	-0.5			7:20	4:44	
7	Sat	6:06	6.0	6:34	5.1	12:07	-0.6	12:53	-0.9	7:20	4:45	
8	Sun	7:00	6.3	7:28	5.3	1:03	-0.9	1:47	-1.2	7:20	4:46	
9	Mon	7:52	6.4	8:22	5.4	1:58	-1.0	2:39	-1.4	7:20	4:47	
10	Tue	8:45	6.3	9:16	5.4	2:52	-1.1	3:29	-1.4	7:19	4:48	
11	Wed	9:38	6.1	10:13	5.4	3:43	-1.0	4:16	-1.3	7:19	4:49	
12	Thu	10:34	5.8	11:10	5.2	4:33	-0.8	5:03	-1.0	7:19	4:50	
13	Fri	11:29	5.4			5:24	-0.4	5:51	-0.7	7:19	4:51	
14	Sat	12:06	5.1	12:23	5.1	6:19	0.0	6:43	-0.3	7:18	4:52	
15	Sun	12:59	4.9	1:15	4.7	7:20	0.3	7:40	0.1	7:18	4:53	
16	Mon	1:49	4.8	2:06	4.4	8:24	0.5	8:37	0.3	7:17	4:54	
17	Tue	2:39	4.7	2:58	4.2	9:25	0.6	9:32	0.4	7:17	4:56	
18	Wed	3:31	4.6	3:54	4.1	10:20	0.5	10:23	0.4	7:16	4:57	
19	Thu	4:26	4.6	4:52	4.1	11:10	0.4	11:10	0.3	7:16	4:58	
20	Fri	5:19	4.8	5:45	4.2	11:57	0.2	11:56	0.2	7:15	4:59	
21	Sat	6:06	4.9	6:32	4.4			12:41	0.0	7:15	5:00	
22	Sun	6:47	5.1	7:14	4.5	12:39	0.1	1:25	-0.1	7:14	5:01	
23	Mon	7:24	5.2	7:53	4.6	1:22	0.0	2:06	-0.2	7:13	5:03	
24	Tue	7:58	5.2	8:29	4.6	2:04	0.0	2:46	-0.3	7:13	5:04	
25	Wed	8:28	5.2	9:03	4.6	2:44	-0.1	3:22	-0.3	7:12	5:05	
26	Thu	8:56	5.1	9:35	4.6	3:20	-0.1	3:55	-0.3	7:11	5:06	
27	Fri	9:25	5.0	10:07	4.6	3:54	0.0	4:24	-0.2	7:10	5:07	
28	Sat	10:01	4.9	10:46	4.6	4:28	0.0	4:52	-0.2	7:10	5:09	
29	Sun	10:46	4.8	11:33	4.7	5:04	0.2	5:24	-0.1	7:09	5:10	
30	Mon	11:40	4.6			5:49	0.3	6:06	0.1	7:08	5:11	
31	Tue	12:28	4.8	12:41	4.5	6:52	0.5	7:06	0.2	7:07	5:12	