

Bergen Point West Reach, NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:57	4.9	6:26	5.7	12:17	0.6	12:18	0.6	5:29	8:31	
2	Sun	6:50	4.9	7:12	5.8	1:05	0.5	1:04	0.6	5:29	8:31	
3	Mon	7:38	5.0	7:53	5.8	1:51	0.4	1:48	0.7	5:30	8:31	
4	Tue	8:22	5.0	8:32	5.8	2:36	0.3	2:32	0.7	5:30	8:30	
5	Wed	9:04	5.0	9:08	5.8	3:19	0.3	3:14	0.7	5:31	8:30	
6	Thu	9:45	5.0	9:42	5.7	4:00	0.3	3:54	0.8	5:31	8:30	
7	Fri	10:27	4.9	10:14	5.5	4:38	0.3	4:31	0.8	5:32	8:30	
8	Sat	11:07	4.9	10:43	5.4	5:12	0.4	5:05	0.9	5:33	8:29	
9	Sun	11:47	4.8	11:15	5.3	5:42	0.5	5:37	1.0	5:33	8:29	
10	Mon			12:26	4.9	6:10	0.6	6:10	1.2	5:34	8:29	
11	Tue			1:05	5.0	6:38	0.7	6:51	1.3	5:35	8:28	
12	Wed	12:44	5.1	1:46	5.1	7:14	0.8	7:48	1.4	5:36	8:28	
13	Thu	1:38	5.0	2:32	5.3	8:05	0.9	9:09	1.3	5:36	8:27	
14	Fri	2:34	5.0	3:23	5.6	9:13	0.8	10:26	1.1	5:37	8:27	
15	Sat	3:34	4.9	4:21	5.8	10:26	0.7	11:30	0.7	5:38	8:26	
16	Sun	4:42	5.0	5:26	6.1	11:31	0.5			5:39	8:26	
17	Mon	5:55	5.1	6:30	6.4	12:28	0.3	12:31	0.2	5:39	8:25	
18	Tue	7:00	5.4	7:28	6.7	1:24	0.0	1:30	0.0	5:40	8:24	
19	Wed	7:58	5.7	8:22	6.9	2:19	-0.4	2:28	-0.2	5:41	8:24	
20	Thu	8:53	5.9	9:15	6.9	3:13	-0.7	3:24	-0.3	5:42	8:23	
21	Fri	9:49	6.0	10:10	6.8	4:04	-0.8	4:18	-0.4	5:43	8:22	
22	Sat	10:46	6.0	11:06	6.5	4:53	-0.8	5:10	-0.3	5:44	8:21	
23	Sun	11:45	6.0			5:40	-0.7	6:02	0.0	5:44	8:21	
24	Mon	12:03	6.2	12:42	5.9	6:28	-0.4	6:56	0.3	5:45	8:20	
25	Tue	12:59	5.9	1:37	5.8	7:18	0.0	7:56	0.7	5:46	8:19	
26	Wed	1:53	5.5	2:29	5.7	8:13	0.3	8:59	0.9	5:47	8:18	
27	Thu	2:45	5.2	3:18	5.6	9:11	0.6	10:01	1.0	5:48	8:17	
28	Fri	3:36	5.0	4:08	5.5	10:07	0.8	10:58	1.0	5:49	8:16	
29	Sat	4:30	4.8	5:01	5.4	11:00	0.9	11:50	0.9	5:50	8:15	
30	Sun	5:27	4.7	5:55	5.5	11:49	0.9			5:51	8:14	
31	Mon	6:23	4.8	6:45	5.6	12:38	0.8	12:36	0.9	5:52	8:13	