

Bergen Point West Reach, NY - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:48	5.9	6:12	5.3			12:27	-0.6	7:00	4:30	
2	Sun	6:38	6.1	7:02	5.4	12:35	-0.7	1:18	-0.8	7:01	4:30	
3	Mon	7:24	6.1	7:50	5.3	1:24	-0.7	2:08	-0.8	7:02	4:29	
4	Tue	8:08	6.0	8:38	5.2	2:12	-0.6	2:56	-0.8	7:03	4:29	
5	Wed	8:52	5.8	9:27	5.0	2:58	-0.4	3:41	-0.6	7:04	4:29	
6	Thu	9:37	5.5	10:17	4.7	3:42	-0.2	4:24	-0.4	7:05	4:29	
7	Fri	10:25	5.2	11:10	4.5	4:23	0.1	5:06	-0.1	7:06	4:29	
8	Sat	11:14	4.9			5:02	0.5	5:49	0.2	7:07	4:29	
9	Sun	12:02	4.4	12:04	4.6	5:44	0.8	6:36	0.5	7:08	4:29	
10	Mon	12:52	4.3	12:53	4.4	6:35	1.1	7:30	0.7	7:09	4:29	
11	Tue	1:40	4.3	1:40	4.3	7:42	1.2	8:26	0.8	7:09	4:29	
12	Wed	2:26	4.3	2:27	4.2	8:49	1.2	9:18	0.7	7:10	4:29	
13	Thu	3:14	4.4	3:18	4.1	9:47	1.0	10:06	0.6	7:11	4:29	
14	Fri	4:04	4.6	4:13	4.2	10:39	0.7	10:50	0.4	7:12	4:30	
15	Sat	4:53	4.8	5:07	4.3	11:27	0.4	11:33	0.2	7:12	4:30	
16	Sun	5:39	5.1	5:55	4.4			12:13	0.1	7:13	4:30	
17	Mon	6:20	5.4	6:38	4.6	12:17	0.1	12:59	-0.1	7:14	4:30	
18	Tue	6:57	5.6	7:19	4.7	1:01	-0.1	1:46	-0.4	7:14	4:31	
19	Wed	7:35	5.8	7:59	4.8	1:46	-0.2	2:32	-0.6	7:15	4:31	
20	Thu	8:15	5.9	8:43	4.9	2:32	-0.3	3:16	-0.7	7:16	4:31	
21	Fri	9:00	5.9	9:33	4.9	3:18	-0.4	4:00	-0.8	7:16	4:32	
22	Sat	9:50	5.7	10:30	4.9	4:04	-0.3	4:45	-0.7	7:17	4:32	
23	Sun	10:48	5.6	11:33	4.9	4:52	-0.2	5:33	-0.6	7:17	4:33	
24	Mon	11:51	5.3			5:47	0.0	6:27	-0.4	7:18	4:33	
25	Tue	12:35	4.9	12:53	5.2	6:55	0.2	7:30	-0.3	7:18	4:34	
26	Wed	1:34	5.0	1:52	5.0	8:10	0.3	8:35	-0.2	7:18	4:35	
27	Thu	2:31	5.1	2:52	4.8	9:19	0.2	9:36	-0.3	7:19	4:35	
28	Fri	3:31	5.2	3:55	4.7	10:21	0.0	10:32	-0.4	7:19	4:36	
29	Sat	4:32	5.4	4:58	4.8	11:17	-0.3	11:25	-0.5	7:19	4:37	
30	Sun	5:30	5.5	5:56	4.8			12:10	-0.5	7:19	4:38	
31	Mon	6:22	5.7	6:47	4.9	12:15	-0.5	1:01	-0.6	7:20	4:38	