

































Bergen Point West Reach, NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:27	5.2	11:07	4.6	4:37	0.2	5:12	-0.3	7:20	4:40	
2	Tue	11:21	5.0			5:22	0.3	5:53	-0.2	7:20	4:40	
3	Wed	12:03	4.8	12:20	4.8	6:20	0.5	6:45	0.0	7:20	4:41	
4	Thu	1:00	4.9	1:20	4.6	7:40	0.6	7:50	0.1	7:20	4:42	
5	Fri	1:57	5.1	2:22	4.4	9:00	0.5	9:01	0.1	7:20	4:43	
6	Sat	2:58	5.2	3:29	4.3	10:08	0.2	10:07	0.0	7:20	4:44	
7	Sun	4:04	5.3	4:41	4.4	11:09	-0.1	11:08	-0.2	7:20	4:45	
8	Mon	5:12	5.5	5:48	4.5			12:06	-0.4	7:20	4:46	
9	Tue	6:13	5.7	6:45	4.8	12:05	-0.3	1:00	-0.6	7:20	4:47	
10	Wed	7:06	5.8	7:37	4.9	1:01	-0.5	1:52	-0.8	7:19	4:48	
11	Thu	7:55	5.8	8:27	5.0	1:54	-0.5	2:42	-0.9	7:19	4:49	
12	Fri	8:43	5.7	9:17	5.0	2:45	-0.5	3:27	-0.9	7:19	4:50	
13	Sat	9:29	5.5	10:06	4.9	3:32	-0.4	4:10	-0.7	7:18	4:51	
14	Sun	10:16	5.2	10:55	4.8	4:16	-0.2	4:50	-0.5	7:18	4:52	
15	Mon	11:02	4.9	11:43	4.7	4:58	0.1	5:28	-0.2	7:18	4:53	
16	Tue	11:49	4.5			5:40	0.4	6:06	0.2	7:17	4:54	
17	Wed	12:29	4.6	12:34	4.2	6:28	0.7	6:46	0.5	7:17	4:56	
18	Thu	1:13	4.5	1:20	4.0	7:27	0.9	7:34	0.7	7:16	4:57	
19	Fri	1:57	4.5	2:07	3.8	8:32	1.0	8:32	0.9	7:16	4:58	
20	Sat	2:43	4.4	2:58	3.6	9:34	1.0	9:31	0.9	7:15	4:59	
21	Sun	3:34	4.4	3:58	3.6	10:29	0.8	10:25	0.8	7:15	5:00	
22	Mon	4:31	4.5	5:01	3.7	11:19	0.6	11:15	0.6	7:14	5:01	
23	Tue	5:26	4.7	5:55	3.9			12:06	0.3	7:13	5:03	
24	Wed	6:13	5.0	6:40	4.1	12:03	0.4	12:52	0.0	7:13	5:04	
25	Thu	6:54	5.2	7:19	4.4	12:50	0.2	1:36	-0.2	7:12	5:05	
26	Fri	7:32	5.4	7:56	4.6	1:36	0.0	2:19	-0.4	7:11	5:06	
27	Sat	8:09	5.5	8:34	4.8	2:21	-0.2	2:59	-0.6	7:10	5:07	
28	Sun	8:47	5.5	9:13	4.9	3:05	-0.3	3:37	-0.7	7:09	5:09	
29	Mon	9:28	5.4	9:57	5.0	3:47	-0.4	4:13	-0.7	7:09	5:10	
30	Tue	10:15	5.2	10:46	5.1	4:30	-0.3	4:50	-0.7	7:08	5:11	
31	Wed	11:07	5.0	11:40	5.2	5:16	-0.1	5:30	-0.5	7:07	5:12	