

































## Bergen Point West Reach, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:56	5.0	11:20	5.5	5:08	-0.5	5:11	-0.5	6:30	5:47	
2	Fri	11:56	4.7			6:03	-0.1	6:00	-0.1	6:28	5:48	
3	Sat	12:21	5.3	1:00	4.4	7:12	0.2	7:08	0.2	6:27	5:49	
4	Sun	1:24	5.1	2:04	4.2	8:27	0.3	8:29	0.5	6:25	5:50	
5	Mon	2:29	4.9	3:10	4.2	9:37	0.3	9:43	0.4	6:24	5:52	
6	Tue	3:39	4.8	4:20	4.3	10:38	0.1	10:46	0.2	6:22	5:53	
7	Wed	4:50	4.9	5:25	4.5	11:32	-0.1	11:42	0.0	6:20	5:54	
8	Thu	5:50	5.0	6:19	4.9			12:22	-0.3	6:19	5:55	
9	Fri	6:39	5.2	7:04	5.1	12:33	-0.2	1:08	-0.5	6:17	5:56	
10	Sat	7:21	5.3	7:45	5.3	1:21	-0.3	1:51	-0.5	6:16	5:57	
11	Sun	8:00	5.2	8:24	5.3	2:06	-0.4	2:31	-0.5	6:14	5:58	
12	Mon	8:37	5.1	9:01	5.3	2:48	-0.4	3:08	-0.4	6:12	5:59	
13	Tue	9:14	4.9	9:36	5.2	3:27	-0.3	3:41	-0.2	6:11	6:00	
14	Wed	9:50	4.6	10:11	5.0	4:03	-0.1	4:09	0.1	6:09	6:01	
15	Thu	10:28	4.4	10:45	4.8	4:37	0.1	4:33	0.3	6:08	6:02	
16	Fri	11:07	4.1	11:21	4.6	5:08	0.4	4:55	0.6	6:06	6:04	
17	Sat	11:51	3.9			5:41	0.7	5:23	0.8	6:04	6:05	
18	Sun	12:02	4.5	12:39	3.7	6:24	0.9	6:02	1.1	6:03	6:06	
19	Mon	12:51	4.4	1:32	3.6	7:41	1.1	7:04	1.2	6:01	6:07	
20	Tue	1:46	4.3	2:28	3.7	9:02	1.1	8:55	1.2	5:59	6:08	
21	Wed	2:48	4.4	3:31	3.8	10:04	0.8	10:10	0.9	5:58	6:09	
22	Thu	3:55	4.5	4:36	4.2	10:55	0.5	11:07	0.6	5:56	6:10	
23	Fri	5:00	4.8	5:32	4.6	11:43	0.1			5:54	6:11	
24	Sat	5:53	5.2	6:19	5.1	12:00	0.1	12:28	-0.2	5:53	6:12	
25	Sun	6:40	5.4	7:02	5.6	12:50	-0.3	1:12	-0.6	5:51	6:13	
26	Mon	7:24	5.6	7:44	5.9	1:41	-0.6	1:57	-0.8	5:49	6:14	
27	Tue	8:09	5.6	8:27	6.1	2:31	-0.8	2:42	-0.9	5:48	6:15	
28	Wed	8:57	5.5	9:14	6.1	3:20	-0.9	3:26	-0.8	5:46	6:16	
29	Thu	9:49	5.2	10:06	6.0	4:08	-0.9	4:10	-0.7	5:44	6:17	
30	Fri	10:48	5.0	11:05	5.7	4:58	-0.6	4:57	-0.3	5:43	6:18	
31	Sat	11:51	4.7			5:53	-0.3	5:50	0.1	5:41	6:19	