






















Bergen Point West Reach, NY - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:40	4.2	5:11	5.2	11:06	1.4			5:53	8:12	
2	Thu	5:41	4.3	6:07	5.3	12:02	1.2	11:57 AM	1.3	5:54	8:11	
3	Fri	6:38	4.4	6:57	5.5	12:50	1.0	12:45	1.2	5:55	8:10	
4	Sat	7:26	4.6	7:39	5.7	1:35	0.8	1:32	1.0	5:56	8:09	
5	Sun	8:07	4.9	8:17	5.9	2:19	0.5	2:18	0.8	5:57	8:07	
6	Mon	8:44	5.0	8:52	6.0	3:01	0.3	3:03	0.7	5:58	8:06	
7	Tue	9:19	5.2	9:27	6.0	3:41	0.2	3:47	0.6	5:59	8:05	
8	Wed	9:55	5.4	10:04	5.9	4:18	0.0	4:29	0.5	6:00	8:04	
9	Thu	10:34	5.5	10:46	5.8	4:53	0.0	5:10	0.5	6:01	8:03	
10	Fri	11:18	5.7	11:34	5.5	5:28	0.0	5:53	0.6	6:02	8:01	
11	Sat			12:08	5.8	6:03	0.1	6:42	0.8	6:03	8:00	
12	Sun	12:30	5.3	1:04	5.8	6:45	0.3	7:45	1.0	6:04	7:59	
13	Mon	1:31	5.0	2:03	5.8	7:37	0.6	9:04	1.1	6:04	7:57	
14	Tue	2:33	4.9	3:03	5.8	8:51	0.8	10:18	1.0	6:05	7:56	
15	Wed	3:38	4.8	4:08	5.8	10:11	0.8	11:23	0.7	6:06	7:55	
16	Thu	4:49	4.8	5:20	5.8	11:20	0.7			6:07	7:53	
17	Fri	6:00	5.0	6:27	6.0	12:21	0.4	12:21	0.5	6:08	7:52	
18	Sat	7:03	5.2	7:24	6.1	1:14	0.2	1:18	0.3	6:09	7:50	
19	Sun	7:56	5.5	8:14	6.2	2:05	-0.1	2:12	0.2	6:10	7:49	
20	Mon	8:44	5.7	8:59	6.2	2:54	-0.2	3:03	0.1	6:11	7:47	
21	Tue	9:30	5.8	9:42	6.0	3:39	-0.3	3:51	0.1	6:12	7:46	
22	Wed	10:15	5.8	10:25	5.8	4:21	-0.2	4:36	0.2	6:13	7:45	
23	Thu	11:00	5.7	11:09	5.4	5:00	0.0	5:18	0.4	6:14	7:43	
24	Fri	11:44	5.6	11:54	5.1	5:35	0.3	5:58	0.7	6:15	7:42	
25	Sat			12:29	5.4	6:07	0.6	6:39	1.0	6:16	7:40	
26	Sun	12:41	4.8	1:14	5.2	6:37	1.0	7:25	1.3	6:17	7:38	
27	Mon	1:29	4.5	1:59	5.1	7:08	1.3	8:26	1.6	6:18	7:37	
28	Tue	2:18	4.3	2:45	5.0	7:55	1.6	9:34	1.6	6:19	7:35	
29	Wed	3:09	4.2	3:35	4.9	9:17	1.7	10:35	1.5	6:20	7:34	
30	Thu	4:04	4.1	4:30	5.0	10:29	1.6	11:29	1.3	6:21	7:32	
31	Fri	5:05	4.2	5:29	5.1	11:27	1.4			6:22	7:31	