US HARBORS www.USHarbors.com

Bergen Point West Reach, NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:58**	6.2	**8:36**	5.2	**2:06**	-0.7	**2:58**	-1.1	7:20	4:40	
2	Sat	**8:50**	6.2	**9:31**	5.3	**3:00**	-0.9	**3:46**	-1.2	7:20	4:40	
3	Sun	**9:44**	6.0	**10:28**	5.3	**3:51**	-0.8	**4:32**	-1.1	7:20	4:41	
4	Mon	**10:41**	5.7	**11:27**	5.3	**4:42**	-0.7	**5:19**	-0.9	7:20	4:42	
5	Tue	**11:39**	5.3			**5:35**	-0.4	**6:10**	-0.7	7:20	4:43	
6	Wed	**12:24**	5.3	**12:37**	5.0	**6:36**	0.0	**7:06**	-0.3	7:20	4:44	
7	Thu	**1:19**	5.2	**1:32**	4.7	**7:44**	0.2	**8:07**	-0.1	7:20	4:45	
8	Fri	**2:13**	5.1	**2:27**	4.4	**8:52**	0.3	**9:08**	0.1	7:20	4:46	
9	Sat	**3:07**	5.0	**3:26**	4.1	**9:54**	0.3	**10:05**	0.2	7:19	4:47	
10	Sun	**4:05**	5.0	**4:29**	4.0	**10:50**	0.2	**10:58**	0.2	7:19	4:48	
11	Mon	**5:03**	5.0	**5:29**	4.1	**11:42**	0.1	**11:48**	0.2	7:19	4:49	
12	Tue	**5:56**	5.1	**6:21**	4.2			**12:30**	0.0	7:19	4:50	
13	Wed	**6:41**	5.2	**7:06**	4.4	**12:35**	0.2	**1:15**	-0.1	7:18	4:51	
14	Thu	**7:23**	5.2	**7:47**	4.4	**1:20**	0.1	**1:59**	-0.2	7:18	4:52	
15	Fri	**8:01**	5.2	**8:26**	4.5	**2:03**	0.1	**2:40**	-0.3	7:18	4:53	
16	Sat	**8:38**	5.2	**9:04**	4.4	**2:44**	0.1	**3:17**	-0.3	7:17	4:55	
17	Sun	**9:13**	5.0	**9:41**	4.4	**3:22**	0.2	**3:50**	-0.2	7:17	4:56	
18	Mon	**9:45**	4.8	**10:14**	4.4	**3:55**	0.3	**4:19**	-0.1	7:16	4:57	
19	Tue	**10:16**	4.6	**10:45**	4.3	**4:26**	0.4	**4:45**	0.0	7:16	4:58	
20	Wed	**10:49**	4.4	**11:17**	4.4	**4:55**	0.5	**5:09**	0.1	7:15	4:59	
21	Thu	**11:28**	4.2	**11:56**	4.4	**5:28**	0.7	**5:38**	0.3	7:14	5:00	
22	Fri			**12:16**	4.1	**6:11**	0.9	**6:18**	0.4	7:14	5:02	
23	Sat	**12:43**	4.6	**1:11**	4.0	**7:23**	1.0	**7:14**	0.5	7:13	5:03	
24	Sun	**1:36**	4.7	**2:10**	3.9	**8:59**	0.9	**8:31**	0.5	7:12	5:04	
25	Mon	**2:35**	4.8	**3:18**	3.9	**10:09**	0.6	**9:52**	0.3	7:12	5:05	
26	Tue	**3:45**	5.0	**4:34**	4.1	**11:09**	0.2	**10:59**	0.0	7:11	5:06	
27	Wed	**4:58**	5.3	**5:41**	4.5			**12:04**	-0.2	7:10	5:08	
28	Thu	**6:02**	5.7	**6:38**	4.9	**12:00**	-0.3	**12:57**	-0.6	7:09	5:09	
29	Fri	**6:56**	6.0	**7:30**	5.3	**12:57**	-0.7	**1:48**	-1.0	7:08	5:10	
30	Sat	**7:47**	6.2	**8:21**	5.5	**1:53**	-1.0	**2:37**	-1.3	7:07	5:11	
31	Sun	**8:37**	6.1	**9:13**	5.7	**2:47**	-1.1	**3:24**	-1.4	7:07	5:13	