

































Bergen Point West Reach, NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:58	6.2	8:36	5.2	2:06	-0.7	2:58	-1.1	7:20	4:40	
2	Sat	8:50	6.2	9:31	5.3	3:00	-0.9	3:46	-1.2	7:20	4:40	
3	Sun	9:44	6.0	10:28	5.3	3:51	-0.8	4:32	-1.1	7:20	4:41	
4	Mon	10:41	5.7	11:27	5.3	4:42	-0.7	5:19	-0.9	7:20	4:42	
5	Tue	11:39	5.3			5:35	-0.4	6:10	-0.7	7:20	4:43	
6	Wed	12:24	5.3	12:37	5.0	6:36	0.0	7:06	-0.3	7:20	4:44	
7	Thu	1:19	5.2	1:32	4.7	7:44	0.2	8:07	-0.1	7:20	4:45	
8	Fri	2:13	5.1	2:27	4.4	8:52	0.3	9:08	0.1	7:20	4:46	
9	Sat	3:07	5.0	3:26	4.1	9:54	0.3	10:05	0.2	7:19	4:47	
10	Sun	4:05	5.0	4:29	4.0	10:50	0.2	10:58	0.2	7:19	4:48	
11	Mon	5:03	5.0	5:29	4.1	11:42	0.1	11:48	0.2	7:19	4:49	
12	Tue	5:56	5.1	6:21	4.2			12:30	0.0	7:19	4:50	
13	Wed	6:41	5.2	7:06	4.4	12:35	0.2	1:15	-0.1	7:18	4:51	
14	Thu	7:23	5.2	7:47	4.4	1:20	0.1	1:59	-0.2	7:18	4:52	
15	Fri	8:01	5.2	8:26	4.5	2:03	0.1	2:40	-0.3	7:18	4:53	
16	Sat	8:38	5.2	9:04	4.4	2:44	0.1	3:17	-0.3	7:17	4:55	
17	Sun	9:13	5.0	9:41	4.4	3:22	0.2	3:50	-0.2	7:17	4:56	
18	Mon	9:45	4.8	10:14	4.4	3:55	0.3	4:19	-0.1	7:16	4:57	
19	Tue	10:16	4.6	10:45	4.3	4:26	0.4	4:45	0.0	7:16	4:58	
20	Wed	10:49	4.4	11:17	4.4	4:55	0.5	5:09	0.1	7:15	4:59	
21	Thu	11:28	4.2	11:56	4.4	5:28	0.7	5:38	0.3	7:14	5:00	
22	Fri			12:16	4.1	6:11	0.9	6:18	0.4	7:14	5:02	
23	Sat	12:43	4.6	1:11	4.0	7:23	1.0	7:14	0.5	7:13	5:03	
24	Sun	1:36	4.7	2:10	3.9	8:59	0.9	8:31	0.5	7:12	5:04	
25	Mon	2:35	4.8	3:18	3.9	10:09	0.6	9:52	0.3	7:12	5:05	
26	Tue	3:45	5.0	4:34	4.1	11:09	0.2	10:59	0.0	7:11	5:06	
27	Wed	4:58	5.3	5:41	4.5			12:04	-0.2	7:10	5:08	
28	Thu	6:02	5.7	6:38	4.9	12:00	-0.3	12:57	-0.6	7:09	5:09	
29	Fri	6:56	6.0	7:30	5.3	12:57	-0.7	1:48	-1.0	7:08	5:10	
30	Sat	7:47	6.2	8:21	5.5	1:53	-1.0	2:37	-1.3	7:07	5:11	
31	Sun	8:37	6.1	9:13	5.7	2:47	-1.1	3:24	-1.4	7:07	5:13	