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Bergen Point West Reach, NY - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:26**	5.5	**5:52**	4.5			**12:05**	-0.3	7:20	4:39	
2	Sun	**6:19**	5.6	**6:45**	4.6	**12:13**	-0.2	**12:56**	-0.5	7:20	4:40	
3	Mon	**7:06**	5.6	**7:32**	4.7	**1:03**	-0.3	**1:45**	-0.5	7:20	4:41	
4	Tue	**7:50**	5.6	**8:17**	4.7	**1:52**	-0.2	**2:31**	-0.6	7:20	4:42	
5	Wed	**8:33**	5.5	**9:01**	4.7	**2:38**	-0.2	**3:13**	-0.5	7:20	4:43	
6	Thu	**9:15**	5.3	**9:46**	4.6	**3:21**	-0.1	**3:53**	-0.4	7:20	4:44	
7	Fri	**9:57**	5.1	**10:30**	4.5	**4:00**	0.1	**4:28**	-0.3	7:20	4:45	
8	Sat	**10:39**	4.8	**11:14**	4.4	**4:37**	0.3	**5:01**	0.0	7:20	4:46	
9	Sun	**11:22**	4.5	**11:57**	4.3	**5:12**	0.6	**5:31**	0.2	7:19	4:47	
10	Mon			**12:05**	4.3	**5:49**	0.8	**6:00**	0.4	7:19	4:48	
11	Tue	**12:39**	4.3	**12:49**	4.1	**6:37**	1.0	**6:35**	0.6	7:19	4:49	
12	Wed	**1:18**	4.3	**1:34**	3.9	**7:49**	1.1	**7:27**	0.7	7:19	4:50	
13	Thu	**1:59**	4.4	**2:22**	3.8	**9:01**	1.1	**8:37**	0.7	7:18	4:51	
14	Fri	**2:45**	4.5	**3:18**	3.8	**10:02**	0.9	**9:43**	0.6	7:18	4:52	
15	Sat	**3:40**	4.6	**4:22**	3.9	**10:56**	0.6	**10:41**	0.4	7:18	4:53	
16	Sun	**4:41**	4.9	**5:23**	4.1	**11:46**	0.2	**11:34**	0.2	7:17	4:54	
17	Mon	**5:38**	5.2	**6:15**	4.4			**12:35**	-0.1	7:17	4:55	
18	Tue	**6:27**	5.5	**7:02**	4.7	**12:27**	-0.1	**1:23**	-0.5	7:16	4:57	
19	Wed	**7:12**	5.8	**7:47**	5.0	**1:19**	-0.4	**2:10**	-0.8	7:16	4:58	
20	Thu	**7:57**	5.9	**8:34**	5.2	**2:10**	-0.7	**2:56**	-1.0	7:15	4:59	
21	Fri	**8:44**	5.9	**9:23**	5.4	**3:00**	-0.8	**3:40**	-1.1	7:15	5:00	
22	Sat	**9:34**	5.8	**10:16**	5.4	**3:49**	-0.9	**4:23**	-1.1	7:14	5:01	
23	Sun	**10:27**	5.5	**11:12**	5.4	**4:37**	-0.7	**5:07**	-0.9	7:13	5:02	
24	Mon	**11:25**	5.2			**5:29**	-0.5	**5:55**	-0.7	7:13	5:04	
25	Tue	**12:09**	5.4	**12:24**	4.9	**6:29**	-0.1	**6:51**	-0.3	7:12	5:05	
26	Wed	**1:06**	5.3	**1:23**	4.6	**7:39**	0.1	**7:57**	0.0	7:11	5:06	
27	Thu	**2:03**	5.2	**2:23**	4.3	**8:50**	0.2	**9:05**	0.1	7:10	5:07	
28	Fri	**3:02**	5.1	**3:27**	4.2	**9:55**	0.2	**10:07**	0.1	7:09	5:09	
29	Sat	**4:06**	5.0	**4:35**	4.2	**10:53**	0.0	**11:04**	0.1	7:09	5:10	
30	Sun	**5:09**	5.1	**5:38**	4.3	**11:47**	-0.1	**11:57**	0.0	7:08	5:11	
31	Mon	**6:04**	5.2	**6:30**	4.5			**12:36**	-0.3	7:07	5:12	