

































Bergen Point West Reach, NY - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:18	4.6	4:49	4.0	11:01	0.4	11:13	0.5	6:30	5:47	
2	Sat	5:16	4.7	5:44	4.2	11:49	0.2			6:28	5:48	
3	Sun	6:06	4.8	6:31	4.4	12:00	0.4	12:33	0.1	6:27	5:49	
4	Mon	6:49	5.0	7:12	4.6	12:45	0.2	1:16	-0.1	6:25	5:50	
5	Tue	7:27	5.1	7:49	4.7	1:28	0.1	1:56	-0.2	6:24	5:51	
6	Wed	8:03	5.1	8:23	4.8	2:09	0.0	2:34	-0.2	6:22	5:53	
7	Thu	8:36	5.1	8:53	4.8	2:48	-0.1	3:08	-0.3	6:20	5:54	
8	Fri	9:07	5.0	9:19	4.8	3:24	0.0	3:38	-0.2	6:19	5:55	
9	Sat	9:35	4.8	9:43	4.8	3:57	0.0	4:05	-0.1	6:17	5:56	
10	Sun	11:06	4.6	11:14	4.9	5:28	0.1	5:31	0.0	7:16	6:57	
11	Mon	11:45	4.5	11:56	4.9	5:59	0.3	6:00	0.1	7:14	6:58	
12	Tue			12:34	4.3	6:37	0.4	6:38	0.3	7:12	6:59	
13	Wed	12:47	4.9	1:33	4.2	7:30	0.6	7:28	0.5	7:11	7:00	
14	Thu	1:47	4.9	2:36	4.2	9:03	0.7	8:45	0.6	7:09	7:01	
15	Fri	2:52	4.9	3:44	4.2	10:26	0.5	10:21	0.5	7:08	7:02	
16	Sat	4:03	5.0	4:58	4.4	11:31	0.2	11:34	0.1	7:06	7:04	
17	Sun	5:21	5.2	6:09	4.8			12:28	-0.2	7:04	7:05	
18	Mon	6:32	5.5	7:09	5.3	12:36	-0.3	1:21	-0.6	7:03	7:06	
19	Tue	7:30	5.8	8:02	5.7	1:33	-0.7	2:13	-0.9	7:01	7:07	
20	Wed	8:22	6.0	8:52	6.0	2:29	-1.0	3:02	-1.2	6:59	7:08	
21	Thu	9:11	6.0	9:40	6.1	3:22	-1.2	3:50	-1.2	6:58	7:09	
22	Fri	10:01	5.9	10:30	6.0	4:12	-1.2	4:36	-1.1	6:56	7:10	
23	Sat	10:51	5.6	11:20	5.9	5:00	-1.1	5:19	-0.9	6:54	7:11	
24	Sun	11:44	5.2			5:47	-0.7	6:03	-0.5	6:53	7:12	
25	Mon	12:12	5.6	12:38	4.8	6:36	-0.3	6:48	0.0	6:51	7:13	
26	Tue	1:05	5.3	1:33	4.5	7:29	0.1	7:40	0.5	6:49	7:14	
27	Wed	1:57	5.0	2:27	4.3	8:30	0.5	8:44	0.9	6:48	7:15	
28	Thu	2:49	4.7	3:20	4.1	9:35	0.7	9:51	1.1	6:46	7:16	
29	Fri	3:42	4.5	4:17	4.0	10:35	0.7	10:51	1.0	6:44	7:17	
30	Sat	4:40	4.4	5:16	4.1	11:28	0.6	11:44	0.9	6:43	7:18	
31	Sun	5:39	4.5	6:13	4.3			12:15	0.5	6:41	7:19	