

































## Bergen Point West Reach, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:38	5.0	3:57	4.3	10:23	0.3	10:27	0.1	7:20	4:39	
2	Mon	4:33	5.0	4:55	4.2	11:16	0.2	11:15	0.1	7:20	4:40	
3	Tue	5:25	5.1	5:50	4.2			12:05	0.1	7:20	4:41	
4	Wed	6:12	5.1	6:37	4.3	12:01	0.2	12:52	0.0	7:20	4:42	
5	Thu	6:53	5.2	7:21	4.3	12:45	0.2	1:37	-0.1	7:20	4:43	
6	Fri	7:32	5.2	8:02	4.4	1:29	0.2	2:20	-0.1	7:20	4:44	
7	Sat	8:08	5.1	8:43	4.3	2:11	0.2	3:01	-0.1	7:20	4:45	
8	Sun	8:43	5.0	9:23	4.2	2:51	0.3	3:38	-0.1	7:20	4:46	
9	Mon	9:16	4.9	10:03	4.1	3:27	0.3	4:12	0.0	7:19	4:47	
10	Tue	9:47	4.8	10:43	4.1	4:00	0.4	4:42	0.1	7:19	4:48	
11	Wed	10:19	4.6	11:21	4.1	4:31	0.5	5:09	0.3	7:19	4:49	
12	Thu	10:57	4.5			5:03	0.7	5:35	0.4	7:19	4:50	
13	Fri	12:00	4.1	11:42 AM	4.3	5:43	0.8	6:08	0.4	7:18	4:51	
14	Sat	12:41	4.3	12:34	4.2	6:36	0.9	6:54	0.5	7:18	4:52	
15	Sun	1:26	4.5	1:30	4.1	7:58	0.9	7:59	0.5	7:18	4:53	
16	Mon	2:17	4.7	2:30	4.0	9:22	0.8	9:14	0.5	7:17	4:54	
17	Tue	3:15	4.9	3:39	4.0	10:29	0.4	10:22	0.3	7:17	4:56	
18	Wed	4:22	5.2	4:54	4.2	11:28	0.0	11:24	0.0	7:16	4:57	
19	Thu	5:28	5.6	6:00	4.4			12:24	-0.4	7:16	4:58	
20	Fri	6:27	5.9	6:57	4.8	12:23	-0.3	1:19	-0.7	7:15	4:59	
21	Sat	7:21	6.1	7:51	5.0	1:21	-0.6	2:11	-1.0	7:15	5:00	
22	Sun	8:13	6.2	8:44	5.2	2:18	-0.8	3:02	-1.2	7:14	5:01	
23	Mon	9:06	6.1	9:39	5.3	3:11	-0.9	3:49	-1.3	7:13	5:03	
24	Tue	10:01	5.9	10:36	5.3	4:02	-0.9	4:35	-1.2	7:12	5:04	
25	Wed	10:56	5.6	11:32	5.2	4:52	-0.6	5:21	-0.9	7:12	5:05	
26	Thu	11:50	5.2			5:45	-0.3	6:09	-0.6	7:11	5:06	
27	Fri	12:27	5.1	12:44	4.9	6:44	0.1	7:02	-0.2	7:10	5:07	
28	Sat	1:19	5.0	1:36	4.5	7:50	0.4	8:00	0.2	7:09	5:09	
29	Sun	2:09	4.8	2:29	4.2	8:56	0.5	8:59	0.4	7:08	5:10	
30	Mon	3:01	4.7	3:25	3.9	9:56	0.5	9:55	0.5	7:08	5:11	
31	Tue	3:57	4.6	4:27	3.9	10:51	0.4	10:48	0.5	7:07	5:12	