

































Bergen Point West Reach, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:47	5.8	6:22	4.7			12:42	-0.6	7:20	4:40	
2	Fri	6:44	6.0	7:18	4.9	12:39	-0.5	1:37	-0.8	7:20	4:41	
3	Sat	7:37	6.1	8:12	5.0	1:36	-0.6	2:29	-1.0	7:20	4:41	
4	Sun	8:29	6.0	9:05	5.1	2:31	-0.7	3:19	-1.0	7:20	4:42	
5	Mon	9:21	5.8	10:00	5.0	3:22	-0.6	4:06	-1.0	7:20	4:43	
6	Tue	10:13	5.5	10:54	5.0	4:11	-0.5	4:50	-0.8	7:20	4:44	
7	Wed	11:06	5.2	11:48	4.9	4:58	-0.2	5:35	-0.5	7:20	4:45	
8	Thu	11:57	4.9			5:47	0.2	6:20	-0.1	7:20	4:46	
9	Fri	12:38	4.8	12:46	4.5	6:41	0.5	7:10	0.2	7:19	4:47	
10	Sat	1:25	4.7	1:33	4.2	7:43	0.8	8:03	0.5	7:19	4:48	
11	Sun	2:11	4.6	2:21	3.9	8:46	0.9	8:56	0.7	7:19	4:49	
12	Mon	2:58	4.6	3:13	3.8	9:44	0.8	9:48	0.7	7:19	4:50	
13	Tue	3:49	4.6	4:11	3.7	10:37	0.7	10:37	0.7	7:18	4:51	
14	Wed	4:44	4.6	5:11	3.8	11:26	0.5	11:24	0.6	7:18	4:52	
15	Thu	5:36	4.8	6:03	3.9			12:12	0.3	7:18	4:54	
16	Fri	6:22	5.0	6:48	4.1	12:09	0.5	12:57	0.1	7:17	4:55	
17	Sat	7:02	5.1	7:27	4.2	12:54	0.4	1:41	0.0	7:17	4:56	
18	Sun	7:38	5.2	8:03	4.3	1:38	0.2	2:22	-0.2	7:16	4:57	
19	Mon	8:12	5.3	8:37	4.4	2:20	0.1	3:01	-0.3	7:16	4:58	
20	Tue	8:44	5.3	9:10	4.5	3:00	0.0	3:36	-0.4	7:15	4:59	
21	Wed	9:18	5.2	9:46	4.6	3:38	0.0	4:09	-0.4	7:14	5:01	
22	Thu	9:57	5.1	10:28	4.7	4:15	0.0	4:41	-0.4	7:14	5:02	
23	Fri	10:42	4.9	11:16	4.8	4:54	0.1	5:14	-0.3	7:13	5:03	
24	Sat	11:35	4.7			5:39	0.3	5:54	-0.1	7:12	5:04	
25	Sun	12:10	4.9	12:34	4.5	6:41	0.5	6:45	0.1	7:12	5:05	
26	Mon	1:07	5.0	1:36	4.3	8:07	0.6	7:57	0.2	7:11	5:06	
27	Tue	2:07	5.1	2:42	4.1	9:26	0.4	9:18	0.2	7:10	5:08	
28	Wed	3:14	5.1	3:56	4.1	10:33	0.2	10:28	0.1	7:09	5:09	
29	Thu	4:28	5.2	5:10	4.3	11:32	-0.2	11:31	-0.2	7:08	5:10	
30	Fri	5:38	5.4	6:14	4.6			12:28	-0.5	7:07	5:11	
31	Sat	6:37	5.7	7:08	4.9	12:29	-0.4	1:21	-0.7	7:06	5:13	